



Sauk County Community Resource Guide

The attached list provides information about community resources in Sauk County that may be helpful to individuals and families who are coping with progressive memory loss, Alzheimer's disease or other dementias. Although the Alzheimer's & Dementia Alliance of Wisconsin does not endorse or promote one agency over another, we are available to help families identify those services which might best meet the individual's needs and circumstances.

If you have questions or need more information about resources available in our fifteen county service area, please call our Helpline at 888-308-6251 (toll-free) or contact one of the regional offices listed below.

Due to the changing nature of service agencies, this list may not be comprehensive. This resource guide will be updated periodically on our website: www.alzwisc.org

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ALZHEIMER'S & DEMENTIA ALLIANCE OF WISCONSIN

The Alzheimer's & Dementia Alliance of Wisconsin (ADAW) provides support and education in south central and southwestern Wisconsin for individuals living with mild cognitive impairment, Alzheimer's disease or other types of dementia and their families and professional service providers.

ADAW helps guide those seeking a diagnosis, coping with day-to-day challenges, or making plans for the future and also advocates at the state level about matters that affect dementia-related research and legislation. As an independent, nonprofit organization, 100% of the donations we receive remain in Wisconsin and are tax-deductible. Contact us for help and support. We are your partner along the journey.

Main Office - Dane/Green County

3330 University Ave., Suite 300, Madison, WI 53705
608-232-3400

Adams/Juneau County

P.O. Box 83, Mauston, WI 53948
608-516-6248

Columbia/Sauk County

2825 Hunters Trail, Portage WI 53901
608-742-9055

Crawford/Grant/Iowa/ Lafayette County

P.O. Box 363, Lancaster, WI 53813
608-723-4288

Green Lake/Marquette/Waushara County

P.O. Box 137, Green Lake, WI 54941
920-294-4100

Richland County

P.O. Box 363, Lancaster, WI 53813
608-723-4288

Rock County

136 Grand Ave., Beloit, WI 53511
608-313-3335

888.308.6251 toll-free
608-232-3407 fax

support@alzwiss.org
www.alzwiss.org

Our services include:

- Helpline: 608-232-3400 or 888-308-6251
- Care consultations and family meetings
- Caregiver support groups
- Early stage programs
- Family & professional education programs
- Print newsletter & email updates
- Resource library
- Public policy advocacy
- Educational materials & resource information

MEMORY DIAGNOSTIC CLINICS

Memory diagnostic clinics offer a comprehensive, team approach to assessment, diagnosis and treatment. The staff at the memory diagnostic clinics are trained to identify the reason you or your loved one are experiencing memory loss or confusion. If you have Medicare, 80% of the cost of the evaluation will be reimbursed and most supplemental insurance policies will pay for the additional 20%. The results of the

evaluation will be shared with your primary physician for continued follow-up. For more information, contact:

Dane County

William S. Middleton Veterans Hospital - Geriatric Research Education Clinic Center
2500 Overlook Terrace, Madison, WI 53705
608-256-1901 ext. 17000 www.madison.va.gov

UW-Health Clinics Geriatric Assessment Clinic (East)
5249 E. Terrace Dr., Madison, WI 53718
608-265-1210 or 800-323-8942 www.uwhealth.org/neurology

UW-Health Hospital & Clinics Memory Assessment Clinic - (for people 65 years of age and older)
2880 University Ave., Room 100, Madison, WI 53705
608-263-7740 www.uwhealth.org

UW Hospital Neurology Memory Clinic - (for anyone at any age; must have referral from Dr.)
600 Highland Ave., Madison WI 53705
608-263-5442

Grant County

Southwest Behavioral Services- Part of the Southwest Health Rural Health Clinic
1450 Eastside Rd., Platteville, WI 53818
608-348-3656 www.southwesthealth.org/find

Green County

Monroe Clinic Memory Center
515 22nd Ave., Monroe, WI 53566
608-324-2148 or 800-338-0568

Jefferson County

Fort HealthCare Memory Center
611 Sherman Ave. E, Fort Atkinson, WI 53538
920-568-5334

Juneau County

Mile Bluff Medical Center Memory Assessment Clinic
1040 Division St., Mauston, WI 53948
608-847-7355

Richland County

Richland Area Geriatric Assessment Clinic
1313 W. Seminary St., Richland Center, WI 53581
608-647-6161 ext. 4210

Rock County

Stateline Area Memory Clinic- Beloit Clinic
1905 Huebbe Parkway, Beloit, WI 53511
608-364-1288

Sauk County

Reedsburg Area Geriatric Assessment Clinic - Reedsburg Area Senior Life Center
2350 N. Dewey Ave., Reedsburg, WI 53959
608-647-6161 ext. 4210

UW-Health Clinics Geriatric Assessment Clinic - Sauk Prairie Hospital
250 26th St., Suite 120, Prairie Du Sac, WI 53578
608-643-6060

GERIATRIC MENTAL HEALTH SERVICES

Geriatric mental health services can be beneficial in addressing the psychiatric and emotional needs of the person with dementia and can also help with challenging behavioral symptoms. Some signs that indicate mental health services may be needed include frequent or extreme mood swings, depression, suicidal tendencies, agitation, aggression, uncontrollable wandering or major changes in sleep.

Inpatient Geriatric Mental Health Services:

Mendota Mental Health Institute
301 Troy Dr., Madison, WI 53704
608-301-1000 www.dhs.wisconsin.gov/mendota

Southwest Behavioral Services- Part of the Southwest Health Rural Health Clinic
1450 Eastside Rd., Platteville, WI 53818
608-348-3656 www.southwesthealth.org/find

Stoughton Hospital- Geriatric Psychiatry
900 Ridge St., Stoughton, WI 53589
608-873-2242 www.stoughtonhospital.com

Outpatient Geriatric Mental Health Services:

Mobile Outreach to Seniors Team (MOST)
c/o Journey Mental Health
625 W. Washington Ave., Madison, WI 53703
608-280-2560 Crisis: 608-280-2600 www.journeymhc.org

Southwest Behavioral Services- Part of the Southwest Health Rural Health Clinic
1450 Eastside Rd., Platteville, WI 53818
608-348-3656 www.southwesthealth.org/find

INFORMATION, REFERRAL, & ASSISTANCE

There are agencies in every county that are available to help with general information and referral assistance to help you locate resources in your area. For more information contact:

Alzheimer's & Dementia Alliance of Wisconsin (See page 3 for more information)
Madison Office: 608-232-3400 or 888-308-6251 (toll-free)
Columbia/Sauk Regional Office: 608-742-9055 www.alzwisc.org

Eldercare Locator
800-677-1116

Aging & Disability Resource Center (ADRC) of Sauk County
505 Broadway St., Suite 102, Baraboo, WI 53913
608-355-3289 or 1-877-794-2372 www.co.sauk.wi.us/adrc

Sauk County Human Services Department
608-355-4200 www.co.sauk.wi.us/humanservices

VA Caregiver Support, Margaret Flood, VA Hospital Madison
888-478-8321 ext. 11485

If you are a family member or friend providing care for a Veteran who is living with the effects of war, disabled, chronically ill or aging, VA Caregiver Support is there to support you with resources, tools, answers and a listening ear.

OUTREACH & CASE MANAGEMENT SERVICES

Case managers can help you by assessing what resources you and your family might need and helping you access these services and plan for the future. In some counties, there are case managers who work through county agencies, senior centers, or coalitions.

Aging & Disability Resource Center (ADRC) of Sauk County
505 Broadway St., Room 102, Baraboo, WI 53913
608-355-3289 or 877-794-2372 www.co.sauk.wi.us/adrc

Care management services

There are also private case managers with whom families can contract to coordinate a variety of services for individuals and families, usually for a fee.

Atempo LLC – Nancy Nie, RN, CCM
3917 Partridge Rd., DeForest, WI 53532
608-335-8218

Avenues to Community, Inc.
2802 Coho St., Suite 201, Madison, WI 53713
608-663-8390 www.avenuestocommunity.com

September Managed Care for Later Years
711 S. Orchard, Suite 201, Madison, WI 53715
608-204-7323 www.septembermanagedcare.com

SUPPORT GROUPS

Support groups provide family caregivers a chance to come together to learn new information, share experiences and ideas and support one another.

Reedsburg Alzheimer's & Dementia Caregiver Support Group
Meets the 3rd Wednesday of each month
12:00 - 1:30 p.m. (bag lunch optional)
Reedsburg Area Senior Life Center, 2350 N. Dewey Ave., Reedsburg, WI 53959
Call to inquire about respite. Contact: ADAW, 888-308-6251

Sauk Prairie Alzheimer's & Dementia Caregiver Support Group
Meets the 4th Tuesday of each month
3:00 – 4:30 p.m.
Maplewood of Sauk Prairie, 245 Sycamore St., Sauk City, WI 53578
Contact: 608-644-0504 ext. 12.

Baraboo Area Caregiver Support Group (General)
Meets the 2nd Thursday of each month
10:00 - 11:30 a.m.
Sauk County Aging & Disability Resource Center, 505 Broadway St., Baraboo, WI
Contact: Sauk County HHU, 608-355-3290

Parkinson's Caregiver Support Group
Meets the 3rd Monday of each month
2:00 – 4:00 p.m.
First Congregational Church, 131 6th Ave., Baraboo, WI 53913
Contact: Sylvia Kriegl, 608-356-7096

MEMORY CAFES

Memory Cafés are social gathering places where individuals with memory challenges, mild cognitive impairment, early-stage Alzheimer’s disease or other types of early-stage dementia can come together to visit, enjoy refreshments and participate in a program or activity together in a relaxed environment. Programs and activities are chosen based on participant suggestions and are designed to be interactive and fun. Sessions usually occur monthly. There is no charge, but donations are appreciated. Family members and friends are encouraged to participate as well.

For a complete listing of local Memory Cafes, contact the Alzheimer’s & Dementia Alliance of Wisconsin at 888-308-6251 or visit www.alzwisc.org.

LEGAL SERVICES

Legal and financial planning should begin soon after the diagnosis has been made. Planning involves putting together documents that authorize another person to make necessary health care and financial decisions and reviewing your financial resources. If planning is done early, the person with the disease can actively participate in making the necessary arrangements. It is often a good idea to consult with an attorney who specializes in elder law. A benefit specialist can also guide you in this process. For free copies of the basic power of attorney forms, contact:

Department of Health & Family Services, Division of Public Health
P.O. Box 309, Madison WI 53701-0309
www.dhs.wisconsin.gov/forms/AdvDirectives/adformspoa.htm

Elder Law Attorney

An attorney who specializes in elder law can be helpful to families in many ways. They can help you develop a legal and financial plan, write Powers of Attorney for Health Care and Finances, and help with guardianship proceedings. For information on where to find an attorney who specializes in elder law, contact:

Wisconsin State Bar Association
608-257-4666 or 800-362-9082 www.wisbar.org

Alzheimer’s & Dementia Alliance of Wisconsin
608-232-3400 or 888-308-6251 www.alzwisc.org

National Academy of Elder Law Attorneys
520-881-4005 www.naela.org

Guardianship

A guardianship is a special relationship between two people, one of whom, called the guardian, acts on behalf of the ward. This relationship may be ordered by a circuit court when it finds that a person is no longer competent to manage his or her affairs. A relative, public official or any other person may

petition the court to have a guardianship established. For questions related to advance planning alternatives, guardianship or protective services/placement, contact:

Wisconsin Guardianship Support Center Hotline
855-409-9410 or guardian@gwaar.org

www.gwaar.org

Adult Protective Services

Every county has an elder adults-at-risk (also known as elder abuse) agency that will look into reported incidents of abuse, neglect, financial exploitation and self-neglect. Call your County Help Line if you need to talk to someone about suspected abuse or neglect of an elder (age 60 and over). In Sauk County, contact:

Sauk County Department of Human Services
Daytime hours: 8:00 a.m. - 4:30 p.m.

Daytime phone: 608-355-4200 or 800-533-5692; after hour phone: 608-742-4166

FINANCIAL ASSISTANCE

Benefit Specialist Program

Elderly Benefit Specialists provide information, assistance and advocacy to residents age 60 and older, and Disability Benefit Specialists provide information, assistance and advocacy to adults with disabilities, ages 18-59. Services range from providing information about eligibility criteria and help in applying for a wide range of benefits, to appealing application denials, terminations or reductions in benefits. Benefit Specialists receive in-depth, ongoing training in areas of benefit and entitlement programs and other issues, including Medicare, Medical Assistance, Social Security, Supplemental Security Income, food stamps, housing, Prescription Drug Care, Family Care and more. An attorney provides supervision and support to Benefit Specialists and works closely with them to ensure high-quality advocacy and representation. For more information, contact:

Aging & Disability Resource Center (ADRC) of Sauk County
505 Broadway St., Baraboo St., Room 102, WI 53913
608-355-3289 or 877-794-2372

www.co.sauk.wi.us/adrc

Family Care

Family Care is the name for the redesigned long term care system currently being operated in a limited number of Wisconsin Counties. The system has two major organizational components: 1) Aging & Disability Resource Centers where older people and people with disabilities can get information and advice about the programs and services available in their communities; and 2) Care Management Organizations (CMO's), which manage and deliver the Family Care benefit. In Family Care, each member has support from an interdisciplinary team that consists of, at minimum, a social worker and an R.N. The interdisciplinary team conducts a comprehensive assessment of services and supports designed to achieve desired goals and outcomes; makes arrangements for the member to receive the

services; and then monitors the services and supports on an ongoing basis. Applicants for Family Care must meet functional and financial eligibility criteria. For more information, contact:

Aging & Disability Resource Center (ADRC) of Sauk County
505 Broadway St., Room 102, Baraboo, WI 53913
608-355-3289 or 877-794-2372 www.co.sauk.wi.us/adrc

Alzheimer's Family Caregiver Support Program (AFCSP)

The Alzheimer's Family Caregiver Support Program is authorized by Wisconsin Department of Health Services (DHS) and designed to support families caring for a person with Alzheimer's disease or other dementia in their home. The program offers funds to purchase services such as in-home respite, home delivered meals, adult day care, personal care good, safety improvements and transportation. Some eligibility requirements apply. For more information contact:

Sauk County Long Term Support Division (an Access Worker will forward you)
608-355-4200

National Family Caregiver Support Program (NFCSP)

The National Family Caregiver Support Program was developed by the Administration on Aging through the Older Americans Act to respond to the needs of family caregivers. The program offers five basic services including information to caregivers about available services; assistance to caregivers in gaining access to these supportive services; individual counseling, organizing of support programs and training to assist the caregiver; respite care to enable caregivers to get temporary relief from caregiving responsibilities; and limited supplemental services to compliment the care provided by caregivers. For more information contact:

Sauk County Health and Human Service
505 Broadway St., Suite 372, Baraboo, WI 53913
608-355-3290

Medical Assistance (Medicaid)

The Medical Assistance (MA) program is a cooperative federal and state program that provides medical care to individuals with low incomes and little assets. MA covers care in some institutional/long-term care settings such as nursing homes and covers some care in the community as well. To apply for Medical Assistance or for more information, contact:

Sauk County Human Services Department
608-355-4200 www.co.sauk.wi.us/humanservices

SeniorCare Prescription Drug Assistance Program

SeniorCare is Wisconsin's Prescription Drug Assistance Program for Wisconsin residents who are 65 years of age or older and who meet eligibility requirements. Eligibility requirements include: must be a Wisconsin resident; must be 65 years of age or older; must pay an annual enrollment fee; only income

is measured. Assets, such as bank accounts, insurance policies, home property, etc., are not counted. For more information contact:

SeniorCare Customer Service Hotline
800-657-2038 www.dhs.wisconsin.gov/seniorcare/index.htm

EMERGENCY RESPONSE SERVICES

MedicAlert® + Safe Return®

MedicAlert® + Safe Return® is a 24-hour nationwide emergency response service for individuals with Alzheimer's disease or a related dementia who are at risk of becoming lost. If someone enrolled in the program is reported missing, essential information is faxed to local law enforcement agencies to initiate a search. If a concerned citizen finds the missing person, the person's ID jewelry (bracelet or necklace) provides a toll-free number to call for help. MedicAlert® + Safe Return® then notifies the missing person's contacts and makes sure the person is safely returned home. To obtain more information or an application, call 888-572-8566.

Project Lifesaver

The Project Lifesaver Program uses a locator system to help find a person with special needs, such as a person with memory loss or dementia, who is at high risk of becoming lost. It includes a special watch-like plastic bracelet worn on the wrist or ankle that includes a transmitter and batteries. If the person becomes lost or missing, the Sauk County Sheriff's Department will activate a trained team to find the person using a portable tracking device. The signal range of the portable tracking device is ½ to 1 mile on the ground and up to 7 miles from the air. It is not deterred by buildings. More information contact:

Aging & Disability Resource Center (ADRC) of Sauk County
505 Broadway St., Room 102, Baraboo, WI 53913
608-355-3289 or 877-794-2372 www.co.sauk.wi.us/adrc

TRANSPORTATION

Transportation services differ among communities. Some areas offer bus or van services, have volunteer drivers or use 'shared ride' taxi services to provide transportation to older adults who do not drive. For more information, contact:

Aging & Disability Resource Center (ADRC) of Sauk County
505 Broadway St., Room 102, Baraboo, WI 53913
608-355-3289 or 877-794-2372 www.co.sauk.wi.us/adrc

Abby-Vans, Inc.
W5621 Todd Rd., Neillsville, WI 54456
715-743-3364 or 800-236-8438 www.abbyvans.com

Interfaith Volunteer Network, Inc.
P.O. Box 672, Baraboo WI 53913
608-434-5486 (cell)

Midstate Medical Express
P.O. Box 303, Portage, WI 53901
800-463-3826

Raymond Medical Transport
800-833-7976

Wheels of Independence, Inc.
2703 Industrial St., Wisconsin Rapids, WI 54495
715-423-7818 or 800-423-7818

NUTRITION SITES AND HOME-DELIVERED MEALS

Congregate nutrition sites and home-delivered meals are available in many communities on a donation basis. This is a great way to get help with one of your daily responsibilities and receive a hot, nutritious meal. Questions to ask may include the cost of the meals, how often they are offered, if transportation is available to congregate nutrition sites, and if special diets can be accommodated. For information on a nutrition site close to you or on home-delivered meals, contact:

Reedsburg Area Medical Center (for Ridgeview Heights residents only)
608-524-6487 (Dietary) www.ramchealth.com

Aging & Disability Resource Center (ADRC) of Sauk County
505 Broadway St., Room 102, Baraboo, WI 53913
608-355-3289 or 877-794-2372 www.co.sauk.wi.us/adrc

Sauk Prairie Memorial Hospital
608-643-3311 (Dietary) www.saukprairiehealthcare.org

St. Clare Hospital & Health Services
608-356-1400 (Dietary) www.stclare.com

HOME CARE SERVICES

Home care agencies provide a variety of services to help people in their homes. Some home care agencies specialize in particular services while others provide a wide range of services. Most agencies charge a fee; volunteer organizations accept donations.

Some county aging units also keep lists of private individuals who provide home-care services in their county. It is up to the family to screen any private individual they hire, and to ensure that state and federal tax law is being adhered to. Anyone who hires a private individual as a home care worker on a regular or

frequent basis may become an employer under the law and be responsible for paying unemployment insurance and social security/Medicare taxes to the government on the worker's behalf.

Using home care services can help to extend the period of time a loved one can be successfully cared for at home by supplying needed supplemental help and preserving the health and energy of the family caregiver.

Types of Home Care Services:

- Chore services typically include light housekeeping, laundry, meal preparation and shopping.
- Companion care (respite) typically includes oversight/companionship for the person with memory loss so that his or her primary caregivers can take time off from caregiving to keep appointments, attend events, catch up on chores, sleep or simply enjoy a break. Companion care can be provided in a variety of settings, but is usually provided in the residence of the person receiving care. Companion care can often be combined with chore service and/or personal care assistance. Companions might also take people on outings, enabling them to attend events, volunteer and visit favorite people and places.
- Personal care services typically include assistance with dressing, bathing, grooming, meals and toileting, as needed.
- Home health care is provided by nurses, certified nursing assistants or professional therapists and includes medication management, skilled nursing services, bathing and occupational, physical and speech therapies. Depending on the situation, the caregiver might be able to take a break from caregiving while home health care is being provided.
- A live-in caregiver provides 24 hour/day assistance in the home. Services include personal care, home chores, companionship and oversight of the person in need of care. Some people hire someone they know to live in the home. Others look for live-in caregivers through the local university or by placing an advertisement. Some companion care and home health agencies can provide 24 hour/day shift care.
- Hospice care services are available to individuals at the end of life. Services usually can be provided in the home or in a facility. Some agencies have free-standing hospice in-patient facilities. Hospice provides nursing care, respite and grief support for families.

HOME CARE SERVICE AGENCIES

	Chore Services	Companion Care	Personal Care	Home Health	Live In Care	Hospice
Agrace HospiceCare 5395 E. Cheryl Pkwy, Madison, WI 53711 800-553-4289 www.agrace.org						X

	Chore Services	Companion Care	Personal Care	Home Health	Live In Care	Hospice
Agrace HospiceCare 1670 South Blvd. Baraboo, WI 53913 800-553-4289 www.agrace.org						X
BrightStar 507 Linn St., Unit B Baraboo, WI 53913 608-355-5015 www.brightstarcare.com	X	X	X	X	X	
CGA (Caregivers Associates) 24 Hour Live-In 2634 Jackson St., #165 Stoughton, WI 53589 920-395-3902 www.cgafoxvalley.com	X	X	X		X	
Caring Companions LLC 1308 Independence Way Sun Prairie, WI 53590 608-333-5095	X	X	X		X	
CNA On The Go, LLC 5201 Old Middleton Rd., Suite 2 Madison, WI 53705 608-609-8491	X	X	X	X	X	
ComforCare Home Care 2421 Parmenter St., Suite 100 Middleton, WI 53562 608-836-1868 www.comeforcare.com/madison	X	X	X		X	
Divine Savior Home Care 2805 Hunters Trail Portage, WI 53901 608-745-6400 www.dshealthcare.com				X		
Easy Living Home Health/Mueller 230 W. Cook St., Portage, WI 53901 608-742-1110 www.preceptorhc.com				X		
Eternity Homecare, Inc. 1402 Greenway Cross, Suite 101 Madison, WI 53713 608-251-2273 www.eternityhomecare.com	X	X	X		X	
Freedom Care LLC- 24hr Live-in 611 Lakeshore Dr. Beaver Dam, WI 53916 920-885-5936	X	X	X		X	

	Chore Services	Companion Care	Personal Care	Home Health	Live In Care	Hospice
Good People- Live-in Caregivers & Comp. 2409 White Oak Trail, Oregon, WI 53575 800-608-8003 www.goodpeople.us	X	X	X		X	
Heartland Hospice 2810 Crossroads Dr., Suite 1900 Madison, WI 53718 608-819-0033 www.heartlandhospice.com						X
Home Care Path, LLC 810 Cedar St., Wisconsin Dells, WI 53965 608-432-4286	X	X	X		X	
Home Health United, Inc. - Reedsburg 164 Second St., Reedsburg, WI 53959 800-924-2273 www.homehealthunited.org				X		
Home Health United -Sauk Prairie 250 26 th St., Suite 110 Prairie du Sac, WI 53578 800-924-2273 www.homehealthunited.org				X		
Home Health United-Hospice - Baraboo 1600 Jefferson St., Suite 101 Baraboo, WI 53913 877-356-4514 www.homehealthunited.org						X
Homeward Bound 1360 Jefferson St., Baraboo, WI 53913 608-356-4666 www.hwbcare.com	X	X	X	X	X	
Hospice Touch 601 Straw St., Tomah, WI 54660 608-374-0250 www.tomahhospital.org						X
House Calls 1400 W. Seminary St. Richland Center, WI 53581 608-647-8931 www.schmittwoodlandhills.com	X	X	X		X	
Interim HealthCare of Wisconsin 702 N. Blackhawk Ave., #215 Madison, WI 53705 608-238-0268 www.interimhealthcare.com	X	X	X	X	X	
International Quality Homecare PCA 501 E Main St., Suite A Reedsburg, WI 53959 866-842-3249 www.alphaigh.com	X	X	X	X	X	

	Chore Services	Companion Care	Personal Care	Home Health	Live In Care	Hospice
Lori Knapp Companies – Crawford Reg. Office 1100 S. Marquette Rd. Prairie du Chien, WI 53821 608-326-5536 www.loriknappcompanies.com	X	X	X		X	
Lori Knapp Companies – Richland Office 1140 Sextonville Rd., Suite 5 Richland Center, WI 53581 608-647-5247 www.loriknappcompanies.com	X	X	X		X	
Maxim Healthcare Services 5752 Tokay Blvd. Suite 500 Madison, WI 53719 608-232-1000 www.maximhealthcare.com				X		
Mile Bluff – Hess Home Health 1050 Division St., Mauston, WI 53948 608-847-1480 www.milebluff.com				X		
Northwoods Home Care Services P.O. Box 357, Portage, WI 53901 608-742-1800 www.northwoodswisconsin.org	X	X	X			
Recover Health of Wisconsin, Inc. 520 South Blvd., Baraboo, WI 53913 608-356-7570 www.recoverhealth.org	X	X	X	X		
Right at Home 1401 Pankrantz St., Suite 103 Madison, WI 53704 608-819-8238 www.rightathome.net	X	X	X		X	
Sauk County Homecare 1051 Clark St., Reedsburg, WI 53939 608-524-7513 www.co.sauk.wi.us				X		
Senior Helpers 4726 East Towne Blvd., Suite 120 Madison, WI 53704 608-729-5365 www.seniorhelpersmadison.com	X	X	X		X	
Sosiab Care, Inc PCA 3208 E. Washington Ave. Madison, WI 53704 608-244-1160 www.sosiabcare.com	X		X			

	Chore Services	Companion Care	Personal Care	Home Health	Live In Care	Hospice
SouthernCare Hospice 402 Gammon Place, Suite 110 Madison, WI 53719 608-833-3295 or 866-419-2773 www.southerncareinc.com						X
St. Clare Hospice House 915 12 th St. Baraboo, WI 53913 877-356-4514 www.homehealthunited.org/hospice						X
St. Croix Hospice 414 Broadway, Ste 200 Baraboo, WI 53913 608-448-4200 www.stcroixhospice.com						X
Upland Hills Home Care & Hospice 1204 N. Joseph St., Ste. 201 Dodgeville, WI 53533 608-930-7210 www.uplandhillshealth.org				X		X
Visiting Angels 6425 Odana Rd., Ste 5 Madison, WI 608-819-0665 www.visitingangels.com	X	X	X		X	

ADULT DAY SERVICES

Adult day programs provide structured support for the older person and are another way for a caregiver to obtain respite from caregiving responsibilities. Some programs are dementia specific. Participants engage in a variety of pastimes, including exercise, music, social activities, and meals. Costs vary. Individuals who meet eligibility requirements may qualify for financial support or sliding fee scales. For more information, contact:

Colonial Club Senior Center
 301 Blankenheim Ln., Sun Prairie, WI 53590
 608-837-4611 www.colonialclub.org

Golden Care Adult Day Center
 N8053 Hwy 33, Beaver Dam, WI 53916
 920-885-4144

Trosten Haus
 1223 Madison St., Beaver Dam, WI 53916
 920-887-4282

Waunakee Manor
801 Klein Dr., Waunakee, WI 53597
608-849-5016 www.waunakeemanor.com

North Star Adult Day Care Center
165 S. Main St., Adams, WI 53910
608-339-3068

SENIOR LIVING ADVISORS

A Place for Mom
608-477-4656 www.aplaceformom.com

A Place for Mom provides options, information and educational resources to help make informed decisions regarding independent living, home care, residential care homes, assisted living, specialized memory care and skilled nursing. These services are paid by participating communities and providers, therefore this service is offered at no cost to families.

Always Best Care (ABC)
608-315-2378 www.alwaysbestcaremadison.com

Always Best Care provides free individualized assistance with placement to the right assisted living or independent community by determining which community best fits family needs based on their budget and care level. Free ongoing consultative services to ensure families are happy with their choice and individuals are treated with dignity and respect.

FACILITY RESPITE

Respite at residential care facilities may be arranged during the day, for an overnight visit or multiple day stays. This type of respite is helpful for caregivers who need a longer break to take a vacation or attend to other responsibilities. Please contact individual facilities for more details on available respite services at residential facilities.

RESIDENTIAL CARE

There are a variety of facilities including residential care apartment complexes, adult family homes, community based residential facilities and skilled nursing facilities available to meet the different levels of care that may be needed by a person with dementia

Choosing a New Home

When the time comes for a person with Alzheimer's disease or other dementias to move into a residential care setting (e.g., nursing home, community based residential facility, assisted living, etc.), it can be very difficult for both the person and family. In addition, finding the right residential care setting to meet the needs of the person with dementia can be challenging and time consuming. Listed below

are a few tips as you begin the search for a new home. The Alzheimer's & Dementia Alliance of Wisconsin is always available to answer questions and help in problem-solving.

1. Visit different places. If possible, it is usually best to visit any place that you are considering. The amount of care required and the atmosphere desired will determine the type of residential care setting you should visit. Visiting unannounced at different times of day can give you an idea of what an average day may be like.
2. Ask questions. It is important to ask specific questions about the facility's ability to provide dementia care. For example:
 - What is your philosophy regarding Alzheimer/dementia care?
 - What is your process for developing a care/service plan?
 - What approaches are used when providing care to persons with dementia?
 - What types of activities are offered?
 - What are your staff qualifications and staffing levels?
 - How is your staff trained in dementia specific care?
 - How does your environment support persons with dementia?
3. Call the Alzheimer's & Dementia Alliance of Wisconsin (608-232-3400 or 888-308-6251) for a handout or email copy of "**RESIDENTIAL CARE: A GUIDE TO CHOOSING A NEW HOME**".
4. Talk with others. Often times, there may be people you know – family, friends, neighbors, co-workers – who can recommend a place that worked well for them. If possible, talk with family members and/or residents of facilities that you are considering. REMEMBER: Every individual situation is unique. What works well for one person, may not work for another. Use input from others as only one of several deciding factors.

Residential Care Apartment Complex (RCAC)

A residential care apartment complex is an apartment that includes a kitchen, living area, bedroom, private bathroom and an array of services including meals, housekeeping, laundry, arranging medical appointments and transportation. RCACs may provide up to 28 hours per week of personal care and/or nursing services. These facilities are most appropriate for a person with dementia who is in the very early stages, who can make their own decisions regarding care options, and who can live independently with minimal assistance, or for the person with dementia and his or her spouse together. These facilities are registered by the Wisconsin Department of Health & Family Services.

Greenbriar, The

1350 Jefferson St., Baraboo, WI 53913
608-356-9213

Greenway Terrace

547 E. McKinley St., PO Box 759, Spring Green, WI 53588
608-588-3603 www.greenwaymanor.com

Maplewood Village

1425 Hemlock St., Sauk City, WI 53583
608-643-8494 www.maplewoodsaukprairie.com

Oak Park Place Baraboo Assisted Living

800 Waldo St., Baraboo, WI 53913
608-355-4111 www.oakparkplace.com

Ridgeview Place

2350 N. Dewey Ave., Reedsburg, WI 53959
608-768-5808

Adult Family Homes (AFH)

Adult Family Homes also combine housing and care. Adult Family Homes provide assistance and/or supervision with activities of daily living to 4 or fewer individuals. No more than 7 hours per week of nursing care can be given in an AFH. These facilities are licensed by the Department of Health & Family Services.

Ridgeview Adult Family Home

S9068 County Rd. G, Plain, WI 53577
608-546-2287

Alzheimer's disease and other dementias accepted? Yes, Early stages

Dementia-specific facility? No

Number of beds: 4

Staff/Resident Ratio: Day: 2:4 Night: 2:4

Security: Locks? Yes Door alarms (general)? No Door alarms (person-specific)? No

Does the facility offer respite services? Yes

Community Based Residential Facilities (CBRF)

A Community Based Residential Facility is a place where 5 or more individuals live and receive care. These facilities offer private or semi-private bedrooms with shared living and dining areas. Services include 3 meals per day, snacks, activities, assistance and/or supervision with activities of daily living. No more than 3 hours per week of nursing care can be provided on a regular basis in a CBRF setting. CBRFs are generally smaller than skilled nursing facilities. CBRFs are also licensed by the Department of Health & Family Services.

Artisan Senior Living & Memory Care - Baraboo

1114 Silver Dr., Baraboo, WI 53913
608-843-4386 www.artisanseniorliving.com

Alzheimer's disease and other dementias accepted? Yes

Dementia-specific facility? No

Family Care funding accepted? Yes

Number of beds: 16

Staff/Resident Ratio: varies according to resident needs.

Security: Locks? No Door alarms (general)? Yes Door alarms (person-specific)? No
Does the facility offer respite services? Yes.

Meadow Lane

1414 Jefferson St., Baraboo, WI 53913

608-355-3325 www.stclairmeadows.com

Alzheimer's disease and other dementias accepted? Yes, Early stages

Dementia-specific facility? No

Family Care funding accepted? Yes

Number of beds: 25

Staff/Resident Ratio: Day: 2:25 Night: 1:25 (varies with need)

Security: Locks? No Door alarms (general)? No Door alarms (person-specific)? No

Does the facility offer respite services? Yes

Meadow Ridge Assisted Living

1700 Jefferson St., Baraboo, WI 53913

608-356-8770 www.meadowridgebaraboo.com

Alzheimer's disease and other dementias accepted? Yes (Early stages)

Dementia-specific facility? No

Family Care funding accepted? Yes

Number of beds: 24

Staff/Resident Ratio: Day: 1:13 Night: 1:13 (varies with need)

Security: Locks? No Door alarms (general)? Yes Door alarms (person-specific)? No

Does the facility offer respite services? Yes

Meadow View Memory Care

1600 Jefferson St., Baraboo, WI 53913

608-356-2944 www.meadowridgebaraboo.com

Alzheimer's disease and other dementias accepted? Yes

Dementia-specific facility? Yes

Family Care funding accepted? Yes

Number of beds: 17

Staff/Resident Ratio: varies with need

Security: Locks? Yes Door alarms (general)? Ask Door alarms (person-specific)? Ask

Does the facility offer respite services? Yes

Meadows Assisted Living and Memory Care

477 Rainbow Rd., Spring Green, WI 53588

608-588-2101 www.meadowsspringgreen.com

Alzheimer's disease and other dementias accepted? Yes

Dementia-specific facility? Yes

Family Care funding accepted? Yes

Number of beds: 24

Staff/Resident Ratio: varies with need

Security: Locks? No Door alarms (general)? Yes Door alarms (person-specific)? No
Does the facility offer respite services? Yes

Narrows, The

E4796 Narrows Creek Rd., Loganville, WI 53943
608-727-2259

Alzheimer's disease and other dementias accepted? Yes, early stages

Dementia-specific facility? No

Family Care funding accepted? Yes

Number of beds: 8

Staff/Resident Ratio: varies according to resident needs

Security: Locks? No Door alarms (general)? Yes Door alarms (person-specific)? No

Does the facility offer respite services? Yes

Oak Park Place Baraboo Memory Care

800 Waldo St., Baraboo, WI 53913
608-355-4111 www.oakparkplace.com

Alzheimer's disease and other dementias accepted? Yes

Dementia-specific facility? Yes

Family Care funding accepted? Yes

Number of beds: 34

Staff/Resident Ratio: 1:8 (varies with need)

Security: Locks? Delayed egress Door alarms (general)? Yes, and staff paged.

Door alarms (person-specific)? No

Does the facility offer respite services? Yes

Our House Senior Living -Baraboo

1200 Washington Ave., Baraboo, WI 53913
608-355-2344 www.ourhousesl.com

Alzheimer's disease and other dementias accepted? Yes, early stages

Dementia-specific facility? No

Family Care funding accepted? Yes

Number of beds: 20

Staff/Resident Ratio: varies according to resident needs

Security: Locks? Yes Door alarms (general)? Yes Door alarms (person-specific)? No

Does the facility offer respite services? Yes

Our House Senior Living - Reedsburg

1135 17th Ct., Reedsburg, WI 53959
608-524-1321 www.ourhousesl.com

Alzheimer's disease and other dementias accepted? Yes

Dementia-specific facility? Yes

Family Care funding accepted? Yes

Number of beds: 12

Staff/Resident Ratio Day: varies according to resident needs
Security: Locks? No Door alarms (general)? Yes Door alarms (person-specific)? No
Does the facility offer respite services? Yes

Our House Senior Living - Reedsburg 2

355 Mack Dr., Reedsburg, WI 53959
608-524-6116 www.ourhousesl.com
Alzheimer's disease and other dementias accepted? Yes, early stages
Dementia-specific facility? No
Family Care funding accepted? Yes
Number of beds: 16
Staff/Resident Ratio: varies according to resident needs
Security: Locks? No Door alarms (general)? Yes Door alarms (person-specific)? No
Does the facility offer respite services? Yes

Pine Villa – A Memory Care Residence

950 Prairie St., Prairie du Sac, WI 53578
608-643-7343 www.pinesprairiedusac.com
Alzheimer's disease and other dementias accepted? Yes
Dementia-specific facility? Yes
Family Care funding accepted? Yes
Number of beds: 14
Staff/Resident Ratio: varies according to resident needs
Security: Locks? No Door alarms (general)? Yes Door alarms (person-specific)? No
Does the facility offer respite services? Yes

Pines Assisted Living, The

1050 Prairie St., Prairie du Sac, WI 53578
608-643-5433 www.pinesprairiedusac.com
Alzheimer's disease and other dementias accepted? Yes (Early stages)
Dementia-specific facility? No
Family Care funding accepted? Yes
Number of beds: 24
Staff/Resident Ratio: varies according to resident needs
Security: Locks? No Door alarms (general)? No Door alarms (person-specific)? No
Does the facility offer respite services? Yes

Nursing Homes (Skilled Nursing Facilities)

Nursing homes offer skilled nursing care and other services including: 3 meals per day, snacks, activities, assistance with activities of daily living, and dietician and social work services. Nursing homes are larger than either Community Based Residential Facilities or Adult Family Homes. They are most appropriate for frail individuals who have medical or nursing care needs. Some nursing homes have special care units designed to address the needs of people with dementia. Individuals who meet federal income requirements and need skilled nursing care may qualify for financial assistance.

Greenway Manor

501 S. Winsted, Spring Green, WI 53588

608-588-2586 www.greenwaymanor.com

Alzheimer's disease and other dementias accepted? Yes

Dementia-specific unit? No

Number of beds: 60

Staff/Resident Ratio: varies according to resident needs

Medicare and Medicaid accepted? Yes

Security: Locks? No Door alarms (general)? Yes

Door alarms (person-specific)? Yes

Does the facility offer respite services? Yes

Maplewood of Sauk Prairie

245 Sycamore St., Sauk City, WI 53583

608-643-3383

Alzheimer's disease and other dementias accepted? Yes

Dementia-specific unit? Yes - 14 Bed Unit

Number of beds: 120

Staff/Resident Ratio: varies according to resident needs

Medicare and Medicaid accepted? Yes

Security: Locks? No Door alarms (general)?

Door alarms (person-specific)? Yes

Does the facility offer respite services? Yes

Reedsburg Senior Life Center

2350 N. Dewey Ave., Reedsburg, WI 53959

608-768-5808

Alzheimer's disease and other dementias accepted?? Yes

Dementia-specific unit? No

Number of beds: 50

Staff/Resident Ratio: varies according to resident needs

Medicare and Medicaid accepted? Yes

Security: Locks? Yes Door alarms (general)? Yes

Door alarms (person-specific)? Yes

Does the facility offer respite services? No

Sauk County Health Care Center

1051 Clark St., Reedsburg, WI 53959

608-524-7509 www.co.sauk.wi.us/healthcarecenter

Alzheimer's disease and other dementias accepted? Yes

Dementia-specific unit? Yes, 21 beds

Total number of beds: 82

Staff/Resident Ratio: varies according to resident needs.

Medicare and Medicaid accepted? Yes

Security: Locks? No Door alarms (general)? Yes

Door alarms (person-specific)? Yes

Does the facility offer respite services? Yes

St. Clare Meadows Care Center

1414 Jefferson St., Baraboo, WI 53913

608-356-4838 www.stclaremeadows.com

Alzheimer's disease and other dementias accepted? Yes

Dementia-specific unit? Yes – 30 Bed unit

Number of beds: 102

Staff/Resident Ratio: varies according to resident needs

Medicare and Medicaid accepted? Yes

Security: Locks? No Door alarms (general)? Yes

Door alarms (person-specific)? Yes

Does the facility offer respite services? Yes

Wisconsin Veteran's Home (for veterans and veterans' spouses only)

N2665 County Rd., QQ, King, WI 54946

715-258-5586 dva.state.wi.us/pages/veteranshomes/veteranshomeking.asp

Zimmerman Nursing Home

617 4th St., Reedsburg, WI 53959

608-524-3664

Alzheimer's disease and other dementias accepted? Yes, on limited basis (pre-evaluation required)

Dementia-specific unit? No

Number of beds: 9

Staff/Resident Ratio: varies according to resident need

Medicare and Medicaid accepted? No (private pay only)

Security: Locks? No Door alarms (general)? No

Door alarms (person-specific)? Yes

Does the facility offer respite services? No.

LONG TERM CARE OMBUDSMAN

An ombudsman protects and promotes the rights of long term care consumers and Community Options Program participants by working with them and their families to achieve quality care and quality of life. The program is provided through the state of Wisconsin at no charge. They can investigate complaints and help families resolve problems. For more information, contact:

Wisconsin Board on Aging & Long Term Care

1402 Pankratz St., Suite 111, Madison, WI 53704

800-815-0015 <http://longtermcare.wi.gov/>