



## Rock County Community Resource Guide

The attached list provides information about community resources in Rock County that may be helpful to individuals and families who are coping with progressive memory loss, Alzheimer's disease, or other dementias. Although the Alzheimer's & Dementia Alliance of Wisconsin does not endorse or promote one agency over another, we are available to help families identify those services which might best meet the individual's needs and circumstances.

If you have questions or need more information about resources available in our fifteen county service area, please call our Helpline at **888-308-6251** (toll-free) or contact one of the regional offices listed below.

Due to the changing nature of this industry, this guide may not be comprehensive. This resource guide will be updated periodically on our website: [www.alzwisc.org](http://www.alzwisc.org)

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## ALZHEIMER'S & DEMENTIA ALLIANCE OF WISCONSIN

The Alzheimer's & Dementia Alliance of Wisconsin (ADAW) provides support and education in south central and southwestern Wisconsin for individuals living with mild cognitive impairment, Alzheimer's disease or other types of dementia and their families and professional service providers.

ADAW helps guide those seeking a diagnosis, coping with day-to-day challenges, or making plans for the future and also advocates at the state level about matters that affect dementia-related research and legislation. As an independent, nonprofit organization, 100% of the donations we receive remain in Wisconsin and are tax-deductible. Contact us for help and support. We are your partner along the journey.

### **Main Office - Dane/Green County**

3330 University Ave., Suite 300, Madison, WI 53705  
608-232-3400

### **Adams/Juneau County**

P.O. Box 83, Mauston, WI 53948  
608-516-6248

### **Columbia/Sauk County**

2825 Hunters Trail, Portage WI 53901  
608-742-9055

### **Crawford/Grant/Iowa/ Lafayette County**

P.O. Box 363, Lancaster, WI 53813  
608-723-4288

### **Green Lake/Marquette/Waushara County**

P.O. Box 137, Green Lake, WI 54941  
920-294-4100

### **Richland County**

P.O. Box 363, Lancaster, WI 53813  
608-723-4288

### **Rock County**

136 Grand Ave., Beloit, WI 53511  
608-313-3335

**888.308.6251** toll-free

**608-232-3407** fax

[support@alzwissc.org](mailto:support@alzwissc.org)

[www.alzwissc.org](http://www.alzwissc.org)

Our services include:

- Helpline: 608-232-3400 or 888-308-6251
- Care consultations and family meetings
- Caregiver support groups
- Early stage programs
- Family & professional education programs
- Print newsletter & email updates
- Resource library
- Public policy advocacy
- Educational materials & resource information

## MEMORY DIAGNOSTIC CLINICS

Memory diagnostic clinics offer a comprehensive, team approach to assessment, diagnosis and treatment. The staff at the memory diagnostic clinics are trained to identify the reason you or your loved one are experiencing memory loss or confusion. If you have Medicare, 80% of the cost of the evaluation will be reimbursed and most supplemental insurance policies will pay for the additional 20%. The results of the

evaluation will be shared with your primary physician for continued follow-up. For more information, contact:

### **Dane County**

William S. Middleton Veterans Hospital - Geriatric Research Education Clinic Center  
2500 Overlook Terrace, Madison, WI 53705  
608-256-1901 ext. 17000 [www.madison.va.gov](http://www.madison.va.gov)

UW-Health Clinics Geriatric Assessment Clinic (East)  
5249 E. Terrace Dr., Madison, WI 53718  
608-265-1210 or 800-323-8942 [www.uwhealth.org/neurology](http://www.uwhealth.org/neurology)

UW-Health Hospital & Clinics Memory Assessment Clinic - (for people 65 years of age and older)  
2880 University Ave., Room 100, Madison, WI 53705  
608-263-7740 [www.uwhealth.org](http://www.uwhealth.org)

UW Hospital Neurology Memory Clinic - (for anyone at any age; must have referral from Dr.)  
600 Highland Ave., Madison WI 53705  
608-263-5442

### **Grant County**

Southwest Behavioral Services- Part of the Southwest Health Rural Health Clinic  
1450 Eastside Rd., Platteville, WI 53818  
608-348-3656 [www.southwesthealth.org/find](http://www.southwesthealth.org/find)

### **Green County**

Monroe Clinic Memory Center  
515 22nd Ave., Monroe, WI 53566  
608-324-2148 or 800-338-0568

### **Jefferson County**

Fort HealthCare Memory Center  
611 Sherman Ave. E, Fort Atkinson, WI 53538  
920-568-5334

### **Juneau County**

Mile Bluff Medical Center Memory Assessment Clinic  
1040 Division St., Mauston, WI 53948  
608-847-7355

## **Richland County**

Richland Area Geriatric Assessment Clinic  
1313 W. Seminary St., Richland Center, WI 53581  
608-647-6161 ext. 4210

## **Rock County**

Stateline Area Memory Clinic- Beloit Clinic  
1905 Huebbe Parkway, Beloit, WI 53511  
608-364-1288

## **Sauk County**

Reedsburg Area Geriatric Assessment Clinic - Reedsburg Area Senior Life Center  
2350 N. Dewey Ave., Reedsburg, WI 53959  
608-647-6161 ext. 4210

UW-Health Clinics Geriatric Assessment Clinic - Sauk Prairie Hospital  
250 26<sup>th</sup> St., Suite 120, Prairie Du Sac, WI 53578  
608-643-6060

## **GERIATRIC MENTAL HEALTH SERVICES**

Geriatric mental health services can be beneficial in addressing the psychiatric and emotional needs of the person with dementia and can also help with challenging behavioral symptoms. Some signs that indicate mental health services may be needed include frequent or extreme mood swings, depression, suicidal tendencies, agitation, aggression, uncontrollable wandering or major changes in sleep.

### **Inpatient Geriatric Mental Health Services:**

Mendota Mental Health Institute  
301 Troy Dr., Madison, WI 53704  
608-301-1000      [www.dhs.wisconsin.gov/mendota](http://www.dhs.wisconsin.gov/mendota)

Southwest Behavioral Services- Part of the Southwest Health Rural Health Clinic  
1450 Eastside Rd., Platteville, WI 53818  
608-348-3656      [www.southwesthealth.org/find](http://www.southwesthealth.org/find)

Stoughton Hospital- Geriatric Psychiatry  
900 Ridge St., Stoughton, WI 53589  
608-873-2242      [www.stoughtonhospital.com](http://www.stoughtonhospital.com)

### **Outpatient Geriatric Mental Health Services:**

Mobile Outreach to Seniors Team (MOST)  
c/o Journey Mental Health  
625 W. Washington Ave., Madison, WI 53703  
608-280-2560 Crisis: 608-280-2600 [www.journeymhc.org](http://www.journeymhc.org)

Southwest Behavioral Services- Part of the Southwest Health Rural Health Clinic  
1450 Eastside Rd., Platteville, WI 53818  
608-348-3656 [www.southwesthealth.org/find](http://www.southwesthealth.org/find)

## **INFORMATION, REFERRAL AND ASSISTANCE**

There are agencies in every county who are available to help with general information and referral assistance to help you locate resources in your area. For more information contact:

Alzheimer's & Dementia Alliance of Wisconsin of Wisconsin (see page 3 for more information)  
608-232-3400 or 888-308-6251 [www.alzwisc.org](http://www.alzwisc.org)

Aging & Disability Resource Center of Rock County (ADRC)  
1900 Center Ave., Janesville, WI 53545  
608-741-3600 or 855-741-3600 (toll-free) [www.co.rock.wi.us/adrc](http://www.co.rock.wi.us/adrc)

Always Best Care (ABC)  
608-315-BEST (2378) [www.alwaysbestcare.com/wi/madison/](http://www.alwaysbestcare.com/wi/madison/)  
Always Best Care provides free individualized assistance with placement to the right assisted living or independent community by determining which community best fits family needs based on their budget and care level. Free ongoing consultative services to ensure families are happy with their choice and individuals are treated with dignity and respect.

Elder Abuse & Neglect Helpline  
608-741-3600 or 855-741-3600 (toll-free)  
Use this Helpline to report suspected abuse or neglect of an elder living in the community. This may include physical, emotional or financial abuse as well as self-neglect.

United Way 2-1-1  
2-1-1 (Dane County) [www.unitedwaydanecounty.org](http://www.unitedwaydanecounty.org)  
608-246-4350 (outside Dane County and cellular phones)  
United Way 2-1-1 is a community resource line, providing 24-hour, 365-day a year, free and confidential comprehensive telephone information and referral services for people in Dane County, Wisconsin, who are in need of help or who want to give help.

VA Caregiver Support, Margaret Flood, VA Hospital Madison  
888-478-8321 ext. 11485

If you are a family member or friend providing care for a Veteran who is living with the effects of war, disabled, chronically ill or aging, VA Caregiver Support is there to support you with resources, tools, answers and a listening ear.

### **Case Management Services**

There are also private case managers with whom families can contract to coordinate a variety of services for individuals and families, usually for a fee. For more information contact:

Aging & Disability Resource Center of Rock county (ADRC)  
1900 Center Ave., Janesville, WI 53545  
608-741-3600 or 855-741-3600 (toll-free)      [www.co.rock.wi.us/adrc](http://www.co.rock.wi.us/adrc)

## **SUPPORT GROUPS**

Support groups provide family caregivers a place to come together to learn new information; support one another and share caregiving tips, experiences and ideas. Most meet monthly. Many are specifically for those caring for loved ones with memory loss or dementia. For a list of support groups in Rock County contact:

Aging & Disability Resource Center of Rock county (ADRC)  
1900 Center Ave., Janesville, WI 53545  
608-741-3600 or 855-741-3600 (toll-free)      [www.co.rock.wi.us/adrc](http://www.co.rock.wi.us/adrc)

## **LEGAL SERVICES**

Legal and financial planning should begin soon after the diagnosis has been made. Planning involves putting together documents that authorize another person to make necessary health care and financial decisions and reviewing your financial resources. If planning is done early, the person with the disease can actively participate in making the necessary arrangements. It is often a good idea to consult with an attorney who specializes in elder law. A benefit specialist can also guide you in this process. To obtain free copies of the basic power of attorney forms, contact:

Department of Health & Family Services, Division of Public Health  
P.O. Box 309, Madison WI 53701  
[www.dhs.wisconsin.gov/forms/advdirectives/adformspoa.htm](http://www.dhs.wisconsin.gov/forms/advdirectives/adformspoa.htm)

### **Elder Law Attorney**

An attorney who specializes in elder law can be helpful to families in many ways. They can help you develop a legal and financial plan, write Powers of Attorney for Health Care and Finances, and help with guardianship proceedings.

For information on where to find an attorney who specializes in elder law, contact:

Wisconsin State Bar Association

608-257-4666 or 800-362-9082 [www.wisbar.org](http://www.wisbar.org)

Alzheimer's & Dementia Alliance of Wisconsin  
608-232-3400 or 888-308-625 [www.alzwisc.org](http://www.alzwisc.org)

National Academy of Elder Law Attorneys  
520-881-4005 [www.naela.org](http://www.naela.org)

### **Guardianship**

A guardianship is a special relationship between two people, one of whom, called the guardian, acts on behalf of the ward. This relationship may be ordered by a circuit court when it finds that a person is no longer competent to manage his or her affairs. A relative, public official or any other person may petition the court to have a guardianship established. For questions related to advance planning alternatives, guardianship or protective services/placement, contact:

Wisconsin Guardianship Support Center Hotline  
855-409-9410 or [guardian@gwaar.org](mailto:guardian@gwaar.org) [www.gwaar.org](http://www.gwaar.org)

## **FINANCIAL ASSISTANCE**

### **Benefit Specialist Program**

Elderly Benefit Specialists provide information, assistance and advocacy to residents age 60 and older, and Disability Benefit Specialists provide information, assistance and advocacy to adults with disabilities, ages 18-59. Services range from providing information about eligibility criteria and help in applying for a wide range of benefits, to appealing application denials, terminations or reductions in benefits. Benefit Specialists receive in-depth, ongoing training in areas of benefit and entitlement programs and other issues, including Medicare, Medical Assistance, Social Security, Supplemental Security Income, food stamps, housing, Family Care and more. An attorney provides supervision and support to Benefit Specialists and works closely with them to ensure high-quality advocacy and representation. For more information, contact:

Aging & Disability Resource Center of Rock county (ADRC) – (Age 59 and under)  
1900 Center Ave., Janesville, WI 53545  
608-741-3600 or 855-741-3600 (toll-free) [www.co.rock.wi.us/adrc](http://www.co.rock.wi.us/adrc)

Rock County Council on Aging (Age 60 and over)  
3328 N. US Highway 51, Janesville, WI 53545  
608-757-5414 [www.co.rock.wi.us/aging](http://www.co.rock.wi.us/aging)

Contact: Benefit Specialist (For clients who live in Afton, Beloit, Brodhead, Clinton, Evansville, Hanover, Milton and Orfordville)



Senior Services of Rock County (Age 60 and over)

P.O. Box 1676, Janesville, WI 53547

608-757-5942 ext. 4 [www.seniorservicesrock.com](http://www.seniorservicesrock.com)

Contact: Benefit Specialist (For clients who live in Janesville, Edgerton, Footville, and Johnstown)

### **Alzheimer's Family & Caregiver Support Program (AFCSP)**

The Alzheimer's Family Caregiver Support Program is authorized by Wisconsin Department of Health Services (DHS) and designed to support families caring for a person with Alzheimer's disease or other dementia in their home. The program offers funds to purchase services such as in-home respite, home delivered meals, adult day care, personal care good, safety improvements and transportation. Some eligibility requirements apply. For more information contact:

Rock County Council on Aging

3328 N. US Highway 51, Janesville, WI 53545

608-757-5472 or 608-758-8472 (toll-free) [www.co.rock.wi.us/aging](http://www.co.rock.wi.us/aging)

### **National Family Caregiver Support Program (NFCSP)**

The National Family Caregiver Support Program was developed by the Administration on Aging through the Older Americans Act to respond to the needs of family caregivers. The program offers five basic services including information to caregivers about available services; assistance to caregivers in gaining access to these supportive services; individual counseling, organizing of support programs and training to assist the caregiver; respite care to enable caregivers to get temporary relief from caregiving responsibilities; and limited supplemental services to compliment the care provided by caregivers. For more information contact:

Rock County Council on Aging

3328 N. US Hwy 51, Janesville, WI 53545

608-757-5472 or 608-758-8472 (toll-free) [www.co.rock.wi.us/aging](http://www.co.rock.wi.us/aging)

### **Medical Assistance (Medicaid)**

The Medical Assistance (MA) program is a cooperative federal and state program that provides medical care to individuals with low incomes and little assets. MA covers some institutional care, home care, and prescription costs, as well as most other costs for essential medical services. To apply for Medical Assistance or for more information, contact:

Southern Consortium

888-794-5780

### **SeniorCare Prescription Drug Assistance Program**

SeniorCare is Wisconsin's Prescription Drug Assistance Program for Wisconsin residents who are 65 years of age or older and who meet eligibility requirements. Some eligibility requirements apply. For more information contact:

## EMERGENCY RESPONSE SERVICE

### **MedicAlert® + Safe Return®**

MedicAlert® + Safe Return® is a 24-hour nationwide emergency response service for individuals with Alzheimer's disease or a related dementia who are at risk of becoming lost. If someone enrolled in the program is reported missing, essential information is faxed to local law enforcement agencies to initiate a search. If a concerned citizen finds the missing person, the person's ID jewelry (bracelet or necklace) provides a toll-free number to call for help. MedicAlert® + Safe Return® then notifies the missing person's contacts and makes sure the person is safely returned home. To obtain more information or an application, call 888-572-8566.

### **Project Lifesaver**

The Project Lifesaver Program uses a locator system to help find a person with special needs, such as a person with memory loss or dementia, who is at high risk of becoming lost. It includes a special watch-like plastic bracelet worn on the wrist or ankle that includes a transmitter and batteries. If the person becomes lost or missing, the Rock County Sheriff's Department will activate a trained team to find the person using a portable tracking device. The signal range of the portable tracking device is ½ to 1 mile on the ground and up to 7 miles from the air. It is not deterred by buildings. For more information contact:

Rock County Sheriff's Office  
608-757-8000

## TRANSPORTATION

Transportation services differ among communities. Some areas offer bus or van services, have volunteer drivers or use 'shared ride' taxi services to provide transportation for older adults who do not drive. For more information, contact:

Aging & Disability Resource Center of Rock county (ADRC)  
1900 Center Ave., Janesville, WI 53545  
608-741-3600 or 855-741-3600 (toll-free) [www.co.rock.wi.us/adrc](http://www.co.rock.wi.us/adrc)

## NUTRITION SITES AND HOME-DELIVERED MEALS

In many communities, congregate meal sites and home delivered meals are available on a donation basis to persons over age 60. This is a great way to get help with one of your daily responsibilities and receive a hot, nutritious meal. Questions to ask may include the cost of the meals, if transportation is available to congregate nutrition sites, how often they are offered and if special diets can be accommodated. For information on the nutrition site closest to you or how to get home delivered meals, contact:

## HOME CARE SERVICES

Home care agencies provide a variety of services to help people in their homes. Some home care agencies specialize in particular services while others provide a wide range of services. Most agencies charge a fee; volunteer organizations accept donations.

Some county aging units also keep lists of private individuals who provide home-care services in their county. It is up to the family to screen any private individual they hire, and to ensure that state and federal tax law is being adhered to. Anyone who hires a private individual as a home care worker on a regular or frequent basis may become an employer under the law and be responsible for paying unemployment insurance and social security/Medicare taxes to the government on the worker's behalf.

Using home care services can help to extend the period of time a loved one can be successfully cared for at home by supplying needed supplemental help and preserving the health and energy of the family caregiver.

### Types of Home Care Services:

- Chore services typically include light housekeeping, laundry, meal preparation and shopping.
- Companion care (respite) typically includes oversight/companionship for the person with memory loss so that his or her primary caregivers can take time off from caregiving to keep appointments, attend events, catch up on chores, sleep or simply enjoy a break. Companion care can be provided in a variety of settings, but is usually provided in the residence of the person receiving care. Companion care can often be combined with chore service and/or personal care assistance. Companions might also take people on outings, enabling them to attend events, volunteer and visit favorite people and places.
- Personal care services typically include assistance with dressing, bathing, grooming, meals and toileting, as needed.
- Home health care is provided by nurses, certified nursing assistants or professional therapists and includes medication management, skilled nursing services, bathing and occupational, physical and speech therapies. Depending on the situation, the caregiver might be able to take a break from caregiving while home health care is being provided.
- A live-in caregiver provides 24 hour/day assistance in the home. Services include personal care, home chores, companionship and oversight of the person in need of care. Some people hire someone they know to live in the home. Others look for live-in caregivers through the local

university or by placing an advertisement. Some companion care and home health agencies can provide 24 hour/day shift care.

- Hospice care services are available to individuals at the end of life. Services usually can be provided in the home or in a facility. Some agencies have free-standing hospice in-patient facilities. Hospice provides nursing care, respite and grief support for families.

## HOME CARE SERVICE AGENCIES

	Chore Services	Companion Care	Personal Care	Home Health	Live in Care	Hospice
<b>Agrace HospiceCare Inc.</b> 5395 E. Cheryl Pkwy, Madison, WI 53711 608-276-4660 <a href="http://www.agrace.org">www.agrace.org</a>						X
<b>Agrace Center for Hospice &amp; Palliative Care</b> 2901 N. Wright Rd., Janesville, WI 53546 608-755-1871 <a href="http://www.agrace.org">www.agrace.org</a>						X
<b>Allay Home &amp; Hospice – Racine</b> 1532 S. Green Bay Rd., Suite 200 Racine, WI 53406 262-634-6603 <a href="http://www.allayhh.com">www.allayhh.com</a>				X		X
<b>Alternative Homecare</b> 1519 W. Court St., Janesville, WI 53548 608-758-3324	X	X	X		X	
<b>Apara Care Health &amp; Home</b> 7601 Ganser Way Madison, WI 53719 888-308-6448 <a href="http://www.aparacare.org">www.aparacare.org</a>	X	X	X		X	
<b>Aspire Generation Liberty LLC</b> P.O. Box 301, Evansville, WI 53536 608-490-0381	X	X	X			
<b>At-Home Healthcare</b> 1904 Huebbe Parkway Beloit, WI 53511 608-363-5885 <a href="http://www.beloithealthsystem.org">www.beloithealthsystem.org</a>				X		
<b>Aurora At Home – Milwaukee Office</b> 11333 W. National Ave. Milwaukee, WI 53227 800-862-2201				X		

	Chore Services	Companion Care	Personal Care	Home Health	Live in Care	Hospice
<b>Beloit Caring Angels</b> 2680 Prairie Ave., Beloit, WI 53511 608-635-3500 <a href="http://www.beloitcaringangels.com">www.beloitcaringangels.com</a>	X	X	X		X	
<b>Beloit Regional Hospice, Inc.</b> 655 3rd St. Ste. 200, Beloit, WI 53511 608-363-7421 <a href="http://www.beloitregionalhospice.com">www.beloitregionalhospice.com</a>						X
<b>BrightStar Care</b> 20 S. Main St., Suite 13 Janesville, WI 53545 608-314-8501 <a href="http://www.BrightStarCare.com">www.BrightStarCare.com</a>	X	X	X	X	X	
<b>Caring Companions LLC</b> 1308 Independence Way Sun Prairie, WI 53590 608-333-5095	X	X	X		X	
<b>Caring Hearts, Inc.</b> 2823 8 <sup>th</sup> Ave., Monroe, WI 53566 608-329-2273	X	X	X		X	
<b>CGA (Caregiver Associates) 24 Hour Live-in</b> 2364 Jackson St. #165 Stoughton, WI 53589 920-395-3902 <a href="http://www.cgafoxvalley.com">www.cgafoxvalley.com</a>	X	X	X		X	
<b>CNA On The Go, LLC</b> 5201 Old Middleton Rd., Suite 2 Madison, WI 53705 608-609-8491	X	X	X	X	X	
<b>Comfort Keepers</b> 5215 Elevator Rd., P.O. Box 740 Roscoe, IL 61073 815-623-6602 <a href="http://www.comfortkeepers.com">www.comfortkeepers.com</a>	X	X	X		X	
<b>Direct Medical Access Services</b> 728 Wisconsin St., Suite A Lake Geneva, WI 53147 262-215-9085 <a href="http://www.directmedicalaccessservices.com">www.directmedicalaccessservices.com</a>	X	X	X		X	
<b>Freedom Care LLC- 24hr Live-in</b> 611 Lakeshore Dr. Beaver Dam, WI 53916 920-885-5936	X	X	X		X	

	Chore Services	Companion Care	Personal Care	Home Health	Live in Care	Hospice
<b>Good People – Live-n Caregivers &amp; Comp.</b> 2409 White Oak Trail Oregon, WI 53575 800-608-8003 <a href="http://www.goodpeople.us">www.goodpeople.us</a>	X	X	X		X	
<b>Heartland Hospice</b> 2810 Crossroads Dr., Suite 1900 Madison, WI 53718 608-819-0033 <a href="http://www.heartlandhospice.com/Madison">www.heartlandhospice.com/Madison</a>						X
<b>Heartland Hospice</b> 363 Financial Ct., Unit 300 Rockford, IL 61107 866-216-5708 <a href="http://www.heartlandhospice.com">www.heartlandhospice.com</a>						X
<b>Home Care Network</b> 612 Wells St., Suite H, Lake Geneva, WI 53147 262-248-0457				X		
<b>Home Health United and Hospice - Janesville</b> 3700 E. Racine St. Janesville, WI 53546 800-924-2273; 877-356-4514 (Hospice) <a href="http://www.homehealthunited.org">www.homehealthunited.org</a>				X		X
<b>Home Health United – Madison West</b> 4639 Hammersley Rd. Madison, WI 53711 800-924-2273 <a href="http://www.homehealthunited.org">www.homehealthunited.org</a>				X		
<b>Home Health United and Hospice - Madison</b> 2802 Walton Commons Ln. Madison, WI 53718 800-924-2273; 877-356-4514 (Hospice) <a href="http://www.homehealthunited.org">www.homehealthunited.org</a>				X		X
<b>Home Instead Senior Care</b> 4245 Fox Hills Ct., Janesville, WI 53546 608-314-9241 <a href="http://www.homeinstead.com/613">www.homeinstead.com/613</a>	X	X	X		X	
<b>Independent Living, Inc.</b> 2970 Chapel Valley Rd., Suite 203 Madison, WI 53711 608-274-7900 <a href="http://www.IndependentLivingInc.org">www.IndependentLivingInc.org</a>	X	X	X		X	

	Chore Services	Companion Care	Personal Care	Home Health	Live in Care	Hospice
<b>Interim Healthcare of Wisconsin</b> 104 W. Linden Dr., Suite A Jefferson, WI 53549 920-674-6855; 920-674-6642 <a href="http://www.interimhealthcare.com">www.interimhealthcare.com</a>	X	X	X	X	X	
<b>Interim Healthcare of Wisconsin</b> 702 N. Blackhawk Ave., Suite 215 Madison, WI 53705 608-238-0268 <a href="http://www.interimhealthcare.com">www.interimhealthcare.com</a>	X	X	X	X	X	
<b>Marquardt at Home</b> 1020 Hill St. Watertown, WI 53098 844-206-4930 <a href="http://www.marquardtvillage.org">www.marquardtvillage.org</a>				X		X
<b>Maxim Healthcare Services</b> 5752 Tokay Blvd., Suite 500 Madison, WI 53719 608-232-1000 <a href="http://www.maximhealthcare.com">www.maximhealthcare.com</a>	X	X	X	X	X	
<b>Mercy Assisted Care</b> 901 Mineral Point Ave. Janesville, WI 53548 608-754-2201 <a href="http://www.mercyassistedcare.org">www.mercyassistedcare.org</a>	X	X	X	X	X	
<b>Mercy Hospice Care</b> 901 Mineral Point Ave. Janesville, WI 53548 608-754-2201 <a href="http://www.mercyhospicecare.org">www.mercyhospicecare.org</a>						X
<b>Monroe Clinic Home Care &amp; Hospice</b> 515 22 <sup>nd</sup> Ave., Monroe, WI 53566 608-324-1230 <a href="http://www.monroeclinic.org">www.monroeclinic.org</a>				X		X
<b>Preferred Living, Inc.</b> 1509 9 <sup>th</sup> St., Monroe, WI 53566 608-328-2800	X	X	X		X	
<b>Rainbow Hospice Care</b> 147 W. Rockwell St., Jefferson, WI 53549 920-674-6255 <a href="http://www.rainbowhospicecare.org">www.rainbowhospicecare.org</a>						X
<b>Rainbow Hospice Care Inpatient Facility</b> 1225 Rimmel Dr., Johnson Creek, WI 53094 920-674-6255 <a href="http://www.rainbowhospicecare.org">www.rainbowhospicecare.org</a>						X

	Chore Services	Companion Care	Personal Care	Home Health	Live in Care	Hospice
<b>Recover Health</b> 4433 Woodgate Dr., Janesville, WI 53546 608-531-8880 <a href="http://www.recoverhealth.org">www.recoverhealth.org</a>	X	X	X	X		
<b>ResCare Home Care</b> 2707 Kennedy, Suite 200 Janesville, WI 53545 608-755-0592 <a href="http://www.ResCareHomeCare.com">www.ResCareHomeCare.com</a>	X	X	X		X	
<b>Santee Home Health Care</b> 2215 Linden, Janesville, WI 53548 608-563-2116	X	X	X		X	
<b>Senior Services Plus Health Care, Inc.</b> 1621 Plainfield, Janesville, WI 53548 608-373-3390 <a href="http://www.seniorservicesrock.com">www.seniorservicesrock.com</a>	X	X	X		X	
<b>Sosiab Care, Inc.</b> 3208 E. Washington Ave. Madison, WI 53704 608-244-1160 <a href="http://www.sosiabcare.com">www.sosiabcare.com</a>	X		X			
<b>SouthernCare Hospice</b> 402 Gammon Place, Suite 110 Madison, WI 53719 608-833-3295 <a href="http://www.southerncareinc.com">www.southerncareinc.com</a>						X
<b>Stoughton Hospital Home Health</b> 900 Ridge St., Stoughton, WI 53589 608-873-2366 <a href="http://www.stoughtonhospital.com">www.stoughtonhospital.com</a>				X		
<b>St. Croix Hospice</b> 409 Hallberg St., Unit F Delavan, WI 53115 262-725-7021 <a href="http://www.stcroixhospice.com">www.stcroixhospice.com</a>						X
<b>Trusted Hands Homecare</b> 900 Ridge St., Stoughton, WI 53589 608-873-2366 <a href="http://www.stoughtonhospital.com">www.stoughtonhospital.com</a>	X	X	X			
<b>Visiting Angels LAS</b> 1001 Madison Ave., Suite C Fort Atkinson, WI 53538 877-276-7039 <a href="http://www.visitingangels.com">www.visitingangels.com</a>	X	X	X		X	
<b>We Care at Home</b> 101 Nob Hill, Madison, WI 53713 608-284-8933	X	X	X			



## ADULT DAY SERVICES

Adult day programs provide structured support for the older person and are another way for a caregiver to obtain respite from caregiving responsibilities. Some programs are dementia specific. Participants engage in a variety of pastimes, including exercise, music, social activities, and meals. Costs vary. Individuals who meet eligibility requirements may qualify for financial support or sliding fee scales. For more information, contact:

Kandu Adult Day Services  
1741 Adel St., Janesville, WI  
608-755-4123 [www.kanduindustries.com](http://www.kanduindustries.com)

LSS Beloit Enrichment Center  
2222 Advance Dr., Beloit, WI 53511  
608-361-9724 [www.lsswis.org](http://www.lsswis.org)

LSS Janesville Enrichment Center  
1400 Excalibur Dr., Janesville, WI 53545  
608-752-4120 [www.lsswis.org](http://www.lsswis.org)

## FACILITY RESPITE CARE

Respite at residential care facilities may be arranged during the day, for an overnight visit, or multiple day stays. This type of respite is helpful for caregivers who need a longer break to take a vacation or attend to other responsibilities. Please contact individual facilities (see “**Rock County Facility Care Guide**”) for more details on available respite services at residential facilities.

## RESIDENTIAL CARE

There are a variety of facilities including residential care apartment complexes, adult family homes, community based residential facilities and skilled nursing facilities available to meet the different levels of care that may be needed by a person with dementia

### Choosing a New Home

When the time comes for a person with Alzheimer’s disease or other dementias to move into a residential care setting (e.g., nursing home, community based residential facility, assisted living, etc.), it can be very difficult for both the person and family. In addition, finding the right residential care setting to meet the needs of the person with dementia can be challenging and time consuming. Listed below are a few tips as you begin the search for a new home. The Alzheimer’s & Dementia Alliance of Wisconsin is always available to answer questions and help in problem-solving.

1. Visit different places. If possible, it is usually best to visit any place that you are considering. The amount of care required and the atmosphere desired will determine the type of residential care setting you should visit. Visiting unannounced at different times of day can give you an idea of what an average day may be like.

2. Ask questions. It is important to ask specific questions about the facility's ability to provide dementia care. For example:
  - What is your philosophy regarding Alzheimer/dementia care?
  - What is your process for developing a care/service plan?
  - What approaches are used when providing care to persons with dementia?
  - What types of activities are offered?
  - What are your staff qualifications and staffing levels?
  - How is your staff trained in dementia specific care?
  - How does your environment support persons with dementia?
3. Call the Alzheimer's & Dementia Alliance of Wisconsin (608-232-3400 or 888-308-6251) for a handout or email copy of "**RESIDENTIAL CARE: A GUIDE TO CHOOSING A NEW HOME**".
4. Talk with others. Often times, there may be people you know – family, friends, neighbors, co-workers – who can recommend a place that worked well for them. If possible, talk with family members and/or residents of facilities that you are considering. REMEMBER: Every individual situation is unique. What works well for one person, may not work for another. Use input from others as only one of several deciding factors.

### **Residential Care Apartment Complex (RCAC)**

A residential care apartment complex is an apartment that includes a kitchen, living area, bedroom, private bathroom and an array of services including meals, housekeeping, laundry, arranging medical appointments and transportation. RCACs may provide up to 28 hours per week of personal care and/or nursing services. These facilities are most appropriate for a person with dementia who is in the very early stages, who can make their own decisions regarding care options, and who can live independently with minimal assistance, or for the person with dementia and his or her spouse together. These facilities are registered by the Wisconsin Department of Health & Family Services.

Cedar Crest Inc. Residential Apts. & Town Homes  
 1700 South River Rd., Janesville, WI 53546  
 608-756-0344 [www.cedarcrestnet.com](http://www.cedarcrestnet.com)

Heights at Evansville Manor, The  
 201 N. Fourth St., Evansville, WI 53536  
 608-882-9995 [www.liveattheheights.com](http://www.liveattheheights.com)

Huntington Place Assisted Living Residence  
 3801 N. Wright Rd., Janesville, WI 53546  
 608-868-5035 [www.huntington-place.com](http://www.huntington-place.com)

Kelly House Assisted Living Apartments  
 121 S. Fifth St., Evansville, WI 53536

608-882-4191

Milton Senior Living

600 W. Sunset Dr., Milton, WI 53563

608-868-3000 [www.miltonseniorliving.com](http://www.miltonseniorliving.com)

Riverside Terrace

3055 Riverside Dr., Beloit, WI 53511

608-365-7222 [www.beloithealthsystem.org](http://www.beloithealthsystem.org)

Swifthaven - Edgerton

124 Henry St., Edgerton, WI 53534

608-884-2828 [www.swifthaven.com](http://www.swifthaven.com)

### **Adult Family Homes (AFH)**

Adult Family Homes combine housing and care. Adult Family Homes provide assistance and/or supervision with activities of daily living to four or fewer individuals. No more than seven hours per week of nursing care can be given in an AFH. These facilities are licensed by the Wisconsin Department of Health & Family Services. For a listing of Rock County Adult Family Homes, see ADAW's:

"Rock County Community Based Residential Facility, Adult Family Home and Nursing Home Guide"

### **Community Based Residential Facilities (CBRF)**

A CBRF is a place where five or more individuals live and receive care with 24-hour supervision. These facilities offer private or semi-private bedrooms with shared living and dining areas. Services include meals, snacks, activities, and assistance or supervision with activities of daily living. No more than three hours per week of nursing care can be provided in a CBRF setting. CBRFs are generally smaller than skilled nursing facilities. CBRFs are licensed by the Wisconsin Department of Health and Family Services. When considering a move to a CBRF, it is necessary to inquire about a CBRF pre-admission assessment to insure that you have information on all care options. For a listing of Rock County CBRFs see, ADAW's:

"Rock County Community Based Residential Facility, Adult Family Home and Nursing Home Guide"

### **Nursing Homes**

Nursing homes are facilities that offer skilled nursing care and other services including: three meals per day, snacks, activities, assistance with activities of daily living, and dietician and social work services. They are most appropriate for frail individuals who have medical or nursing care needs. Some nursing homes have special care units designed to address the special needs of people with dementia. Individuals who meet federal income requirements and need skilled nursing care may qualify for financial assistance. For a listing of Rock County Nursing Homes, see ADAW's:

## **LONG TERM CARE OMBUDSMAN**

An ombudsman protects and promotes the rights of long-term care consumers and Community Options Program participants by working with them and their families to achieve quality care. The program is provided at no charge. Ombudsmen can investigate complaints and help families resolve problems with long-term care service providers. For more information, contact:

Wisconsin Board on Aging & Long Term Care  
1402 Pankratz St., Suite 111, Madison, WI 53704  
800-815-0015 <http://longtermcare.wi.gov/>