

Caregiver Support Groups

Adams, Columbia, Crawford, Dane, Grant, Green, Green Lake, Iowa, Lafayette, Richland, Rock and Sauk Counties



alzwissc.org • 888.308.6251

Support groups provide an opportunity to be with others in a caring and understanding environment; ask questions and get straight answers from people who have been there; learn creative and caring problem solving techniques and caregiving ideas; and discover that you are not alone. For more information, contact:

Alzheimer's & Dementia Alliance of Wisconsin toll-free **888.308.6251** or **608.232.3400** or **support@alzwissc.org**.

Times and locations are subject to change. Please call to confirm.

DEMENTIA-SPECIFIC CAREGIVER SUPPORT GROUPS

January 2019

COUNTY/CITY	DATE/TIME	LOCATION	CONTACT
Columbia * Columbus	2nd Thursday 10:00-11:30 a.m.	Columbus Community Hospital 1515 Park Ave.	Janet Wiegel, ADAW 608-742-9055/ 888-308-6251
Dane * Fitchburg	2nd Thursday 10:00-11:30 a.m.	Fitchburg Senior Center 5510 E. Lacy Rd.	Alzheimer's & Dementia Alliance 608-232-3400
* Madison-West Adult Children	1st Wednesday 6:00-7:30 p.m.	Alzheimer's & Dementia Alliance 3330 University Ave., Suite 300	Alzheimer's & Dementia Alliance 608-232-3400
* Madison-West	1st Thursday 10:00-11:30 a.m.	Covenant Presbyterian Church 326 S. Segoe Rd.	Alzheimer's & Dementia Alliance 608-232-3400
* Madison-West Men's Group	2nd Thursday 9:15-11:00 a.m.	Alzheimer's & Dementia Alliance 3330 University Ave., Suite 300	Alzheimer's & Dementia Alliance 608-232-3400
* Madison-West Young Onset	2nd Saturday 10:00-Noon	Alzheimer's & Dementia Alliance 3330 University Ave., Suite 300 Focus: Caring for a person under 65 with dementia	Alzheimer's & Dementia Alliance 608-232-3400
* Sun Prairie	3rd Tuesday 6:30-8:00 p.m.	Colonial Club 301 Blankenheim Ln. Call regarding respite options	Melody Riedel 608-837-4611
* Waunakee	3rd Wednesday 3:30-5:00 p.m.	Waunakee Senior Center 333 S. Madison St.	Cindy Mosiman 608-849-8385
Grant * Platteville	3rd Wednesday 1:00-2:30 p.m.	Park Place Community Room 1075 N. Elm St.	Heather Moore, ADAW 608-723-4288/ 888-308-6251
Sauk * Reedsburg	3rd Wednesday Noon-1:30 p.m.	Reedsburg Area Senior Life Center 2350 N. Dewey Ave. Bag lunch optional	Janet Wiegel, ADAW 608-742-9055/ 888-308-6251
* Sauk City	4th Tuesday 3:00-4:30 p.m.	Maplewood of Sauk Prairie 245 Sycamore St.	Theresa Grimes 608-643-3383

GENERAL CAREGIVER SUPPORT GROUPS

Adams * Adams	1st Thursday 1:00-2:30 p.m.	Adams Community Center 569 N. Cedar St.	Nancy Thacker, ADAW 608-516-6248/ 888-308-6251
Columbia * Portage	1st Monday 1:00-2:30 p.m.	Portage Public Library 253 W. Edgewater St.	Janet Wiegel, ADAW 608-742-9055/ 888-308-6251
Crawford * Prairie du Chien	4th Tuesday 10:00-11:30 a.m.	Hoffman Hall 1600 S. Wacouta Ave.	Heather Moore, ADAW 608-723-4288/ 888-308-6251
Dane * DeForest	3rd Thursday 3:00-4:00 p.m.	DeForest Senior Center 505 N. Main St.	Natalie Raemisch or Roxane Carley 608-846-9469
* Madison	1st Thursday 10:00-11:30 a.m.	Goodman Community Center 149 Waubesa St, Ironworks Building Room bolzb	Noreen Kralapp, ADAW 608-232-3400/ 888-308-6251 Gayle Laszewski 608-204-8032
Verona	3rd Tuesday 10:30-11:45 a.m.	Verona Senior Center 108 Paoli St.	Becky Losby 608-845-7471

GENERAL CAREGIVER SUPPORT GROUPS continued

COUNTY/CITY	DATE /TIME	LOCATION	CONTACT
Grant Fennimore	2nd Wednesday 1:00-2:30 p.m.	Memorial Building – Council Chambers 860 Lincoln Ave.	Ruth Rotramel 608-723-6113
Sinsinawa	1st Tuesday 6:30-8:00 p.m.	Sinsinawa Mound Center 585 County Road Z	Coni LaBarbera 608-748-4411 Ext 188
Green Monroe	2nd Thursday 6:00-7:30 p.m.	Monroe Public Library 925 16th Ave. 1st floor Conference Rm	Aging & Disability Resource Center 608-328-9499
Green Lake * Berlin	3rd Thursday 1:00-2:30 p.m.	River Shores Church 253 S. Church St. Call regarding respite options	Kristine Biesenthal, ADAW 920-294-4100/ 888-308-6251
Iowa Dodgeville	3rd Tuesday 10:30-Noon	Dodgeville Public Library 139 S. Iowa St.	Aging & Disability Resource Center 608-930-9835
Juneau * Mauston	1st Tuesday 1:00-2:30 p.m.	Mile Bluff Medical Center Health Promotion Conference Room 1050 Division St., Mauston	Nancy Thacker , ADAW 608-516-6248/ 888-308-6251 Angela Pokorney, ADRC 608-847-9292
Lafayette Darlington	4th Tuesday 10:00-11:30 a.m.	Johnson Library Community Room 131 E. Catherine St.	Aging & Disability Resource Center 608-776-4960
Marquette Montello	3rd Wednesday Noon-2:00 p.m.	St. John's Catholic Church 277 E. Montello St. Lunch provided	Alex Truell 608-297-3102
Richland * Richland Center	4th Thursday 1:30-2:30 p.m.	Richland Center Community Center 1050 N. Orange St. Call regarding respite options	Becky DeBuhr, ADAW 608-732-3131/ 888-308-6251
Rock Beloit	2nd & 4th Tuesday 1:00-2:30 p.m.	Sun Valley Presbyterian Church 1650 Sun Valley Dr. Call regarding respite options	Cori Marsh 608-741-3615 Julie Seeman 608-758-8455
* Beloit	1st Wednesday 9:30-11:00 a.m.	Beloit Historical Society 845 Hackett St. Call regarding respite options	Teena Monk-Gerber, ADAW 608-313-333/ 888-308-6251
Janesville	1st Tuesday 6:00-7:15 p.m.	Council on Aging Meeting Room 3328 Hwy 51 North	Cori Marsh 608-741-3615
Janesville	2nd Thursday 6:00-7:00 p.m.	Hedberg Public Library 316 S. Main St.	Julie Seeman 608-758-8455 or
Sauk Sauk City	3rd Tuesday 5:00 - 6:00 p.m.	Sauk Prairie Community Center 720 Monroe St. Light Dinner Provided	Marina Wittmann 608-355-3289

OTHER DISEASE-SPECIFIC CAREGIVER SUPPORT GROUPS

Columbia Portage Parkinson's	3rd Thursday 2:00-4:00 p.m.	Bethlehem Lutheran Church Hwy 33 E	Elayne Hanson 608-742-2410
Dane Madison Stroke Support	1st Wednesday 6:00-8:00 p.m.	Meriter Hospital 202 S Park St. Meets Sept. through May	Stroke Support Hotline 608-417-6487 (Staff)
Verona Parkinson's	3rd Friday 10:15-11:00 a.m.	Verona Senior Center 108 Paoli St.	Becky Losby 608-845-7471
Sauk Baraboo Parkinson's	3rd Monday 2:00-4:00 p.m.	First Congregational Church 131 6th Ave.	Sylvia Kriegel 608-356-7096

*Sponsored or co-sponsored by Alzheimer's & Dementia Alliance

Please call to confirm dates and times.