



The Alzheimer's & Dementia Alliance of Wisconsin (ADAW) will help you navigate the complex maze of issues that can arise when you or someone you know is affected by early memory loss, mild cognitive impairment, Alzheimer's disease or other dementias.

ADAW provides guidance, education, support and advocacy for those who live with a dementia diagnosis. There is not yet a cure, but there are strategies and treatments throughout the course of the disease that can help maximize the quality of life for all affected.

We're here to help through the entire dementia journey.

Alzheimer's & Dementia Alliance of Wisconsin

alzwisc.org

support@alzwisc.org

888.308.6251 toll-free

Main Office

517 N. Segoe Rd. Suite 301
Madison, WI 53705
608.232.3400

Columbia/Sauk Regional Office

2825 Hunters Trail, Portage, WI 53901
608.742.9055

Serving south-central Wisconsin with offices in Beloit, Green Lake, Lancaster, Madison, Mauston, and Portage. Visit alzwisc.org or call **888.308.6251** for more information.

Testimonials

"Just knowing that you are there has been a source of support for me."

"I think this is a great program, and it's nice that people are willing to give their time and share their experience."

"Whenever I had any questions, I have contacted the Alzheimer's & Dementia Alliance and have been fully satisfied with all the answers."

"ADAW provided a wealth of information."

"Great programs offered providing good insight into dementia associated diseases and the needs of those with dementia associated diseases"

"Just started attending classes – glad there is a help line."

"The alliance has been a great resource, source of support and helped with ideas to handle the stages of progression."

2018 Monthly Family Education Programs **Sauk & Columbia Counties**



The Alzheimer's & Dementia Alliance of Wisconsin's expert staff is available to help and share valuable information on caring for someone with Alzheimer's and other dementias.

For assistance, call 608.742.9055 or 888.308.6251



2018 Family Education Programs

Learn about topics of interest to families and friends of those with Alzheimer's or other dementias.
Free. No registration needed.

The Family Education Programs are held at various locations on select Tuesdays throughout the year from 5:30 - 7:00 p.m.

If you need assistance or have questions about the programs, contact the Alzheimer's & Dementia Alliance of Wisconsin at 608.742.9055, toll-free at 888.308.6251, or janet.wiegel@alzwisc.org

Understanding & responding to behavior changes

Tuesday, February 27
Columbia County ADRC
2652 Murphy Rd., Portage

Understand reasons why behavior changes occur and get problem-solving tips to help prevent and cope with them.

Safety at home

Tuesday, March 27
Reedsburg Public Library
370 Vine St., Reedsburg

Get tips to help you and your loved one stay safely and independently in your own home.

Communication tips & strategies

Tuesday, April 24
Portage Public Library
253 W. Edgewater St., Portage

Learn ways to effectively and compassionately communicate with someone who has dementia.

Alzheimer's & dementia: First step for families

Tuesday, May 29
Oak Park Place
800 Waldo St., Baraboo

Learn about dementia-related diseases, what families can do, and resources to help.

Is it time for facility care?

Tuesday, June 26
Columbus Community Hospital - Diamond Rm
1515 Park Ave., Columbus

Review things to consider when making the decision to move to facility care.

Understanding & responding to behavior changes

Tuesday, July 24
West Square Building - Room B24
505 Broadway St., Baraboo

Understand reasons why behavior changes occur and get problem-solving tips to help prevent and cope with them.

Family dynamics in the dementia journey

Tuesday, August 21
Portage Public Library
253 W. Edgewater St., Portage

Discover ways dementia impacts families and the value of recognizing and accepting each person's strengths and weaknesses as caregivers.

Communication tips & strategies

Tuesday, September 25
Oak Park Place
800 Waldo St., Baraboo

Learn ways to effectively and compassionately communicate with someone who has dementia.

End of life & dementia

Tuesday, October 30
Portage Public Library
253 W. Edgewater St., Portage

Discuss the critical decisions often faced at end of life and ways to communicate and stay connected in the later stages.

Is it time for facility care?

Tuesday, November 27
Sauk City Library
515 Water St., Sauk City

Review things to consider when making the decision to move to facility care.

December - No Family Education Program

*"The benefit that we're receiving from the Alliance is almost too great for words."
- care partner*