



The Alzheimer's & Dementia Alliance of Wisconsin (ADAW) will help you navigate the complex maze of issues that can arise when you or someone you know is affected by early memory loss, mild cognitive impairment, Alzheimer's disease or other dementias.

ADAW provides guidance, education, support and advocacy for those who live with a dementia diagnosis. There is not yet a cure, but there are strategies and treatments throughout the course of the disease that can help maximize the quality of life for all affected.

We're here to help through the entire dementia journey.

## Alzheimer's & Dementia Alliance of Wisconsin

[alzwisc.org](http://alzwisc.org)

[support@alzwisc.org](mailto:support@alzwisc.org)

888.308.6251 toll-free

### Main Office

517 N. Segoe Rd. Suite 301  
Madison, WI 53705  
608.232.3400

Serving south-central Wisconsin with offices in Beloit, Green Lake, Lancaster, Madison, Mauston, and Portage. Visit [alzwisc.org](http://alzwisc.org) or call 888.308.6251 for more information.

## Testimonials

*"Just knowing that you are there has been a source of support for me."*

*"I think this is a great program, and it's nice that people are willing to give their time and share their experience."*

*"Whenever I had any questions, I have contacted the Alzheimer's & Dementia Alliance and have been fully satisfied with all the answers."*

*"ADAW provided a wealth of information."*

## This program offered in partnership with



## 2018 Monthly Family Education Programs Dane County



The Alzheimer's & Dementia Alliance of Wisconsin's experienced staff is available to help and share valuable information on caring for someone with Alzheimer's disease and other dementias.

For assistance, call 608.232.3400  
or 888.308.6251



# 2018 Family Education Programs

Learn about topics of interest to families and friends of those with Alzheimer's or other dementias. Free. No registration needed.

**The Family Education Programs are held monthly at various times and locations throughout Dane County.**

If you need assistance or have questions about the programs, contact the Alzheimer's & Dementia Alliance of Wisconsin at 608.232.3400 or toll-free at 888.308.6251 or support@alzwissc.org

## Communication tips & strategies

Monday, February 12

5:30 - 7:00 p.m.

Hawthorne Public Library

2707 E. Washington Ave., Madison

Learn ways to effectively and compassionately communicate with someone who has dementia.

## Is it time for facility care?

Monday, March 12

5:30 - 7:00 p.m.

Middleton Public Library, lower level

7425 Hubbard Ave., Middleton

Review things to consider when making the decision to move to facility care.

## Alzheimer's & Dementia: resources & support at each stage

Monday, April 9

5:30 - 7:00 p.m.

Hawthorne Public Library

2707 E. Washington Ave., Madison

Understand memory loss, cognitive impairment and dementias, what to do if concerned and resources and supports available.

## Understanding & responding to behavior changes

Monday, May 14

5:30 - 7:00 p.m.

Middleton Public Library, lower level

7425 Hubbard Ave., Middleton

Understand reasons why behavior changes occur and get problem-solving tips to help prevent and cope with them.

## Communication & emotion in late stage

Monday, June 11

5:30 - 7:00 p.m.

Hawthorne Public Library

2707 E. Washington Ave., Madison

Learn how to communicate with person in the late stage of dementia and understand their emotions.

## Communication tips & strategies

Monday, July 9

1:00 - 2:30 p.m.

Middleton Public Library, lower level

7425 Hubbard Ave., Middleton

Learn ways to effectively and compassionately communicate with someone who has dementia.

## Is it time for facility care?

Monday, August 13

5:30 - 7:00 p.m.

Hawthorne Public Library

2707 E. Washington Ave., Madison

Review things to consider when making the decision to move to facility care.

## Alzheimer's & Dementia: resources & support at each stage

Monday, September 10

5:30 - 7:00 p.m.

Middleton Public Library, lower level

7425 Hubbard Ave., Middleton

Understand memory loss, cognitive impairment and dementias, what to do if concerned and resources and supports available.

## Understanding & responding to behavior changes

Monday, October 8

5:30 - 7:00 p.m.

Hawthorne Public Library

2707 E. Washington Ave., Madison

Understand reasons why behavior changes occur and get problem-solving tips to help prevent and cope with them.

## Communication & emotion in late stage

Monday, November 12

5:30 - 7:00 p.m.

Middleton Public Library, lower level

7425 Hubbard Ave., Middleton

Learn how to communicate with person in the late stage of dementia and understand their emotions.

## Family dynamics in the dementia journey

Monday, December 10

5:30 - 7:00 p.m.

Hawthorne Public Library

2707 E. Washington Ave., Madison

Discover ways dementia impacts families and the value of recognizing and accepting each person's strengths and weaknesses as caregivers.