



Green County Community Resource Guide

The attached list provides information about community resources in Green County that may be helpful to families who are living with Alzheimer's disease or other dementias. Although the Alzheimer's & Dementia Alliance of Wisconsin does not endorse or promote one agency over another, we are available to help families identify those services which might best meet the individual's needs and circumstances.

If you have questions or need more information about resources available in our eleven county service area, please call our helpline at **888-308-6251** (toll-free) or contact one of the regional offices listed below.

Due to the changing nature of this industry, this guide may not be comprehensive. This resource guide will be updated periodically on our website: www.alzwisc.org

Revised April 2017

Main Office

517 North Segoe Road, Suite 301
Madison, WI 53705
608.232.3400
608.232.3407 fax
888.308.6251 toll-free

Grant/Richland Regional Office

8820 Hwy 35/61 S
Lancaster, WI 53813
608.723.4288
608.723.6122 fax
888.308.6251 toll-free

Columbia/Sauk Regional Office

2825 Hunters Trail
Portage, WI 53901
608.742.9055
608.745.3940 fax
888.308.6251 toll-free

support@alzwisc.org
www.alzwisc.org

TABLE OF CONTENTS

ALZHEIMER’S & DEMENTIA ALLIANCE OF WISCONSIN	3
MEMORY DIAGNOSTIC CLINICS.....	3
GERIATRIC MENTAL HEALTH SERVICES	5
INFORMATION, REFERRAL & ASSISTANCE	5
OUTREACH & CASE MANAGEMENT SERVICES.....	6
SUPPORT GROUPS	6
MEMORY CAFES	6
LEGAL SERVICES	7
Elder Law Attorney.....	7
Guardianship	7
FINANCIAL ASSISTANCE.....	7
Benefit Specialist Program	7
Alzheimer’s Family Caregiver Support Program (AFCSP)	8
Family Care Program	8
National Family Caregiver Support Program (NFCSP)	8
Medical Assistance (Medicaid).....	9
SeniorCare Prescription Drug Assistance Program	9
EMERGENCY RESPONSE SERVICES	9
MedicAlert® + Safe Return®	9
TRANSPORTATION	9
NUTRITION SITES AND HOME-DELIVERED MEALS	10
HOME CARE SERVICES	10
Types of Home Care Services:.....	11
HOME CARE SERVICE AGENCIES.....	11
ADULT DAY SERVICES	15
SENIOR LIVING ADVISORS.....	15
FACILITY RESPITE	16
RESIDENTIAL CARE.....	16
Choosing a New Home	16
Residential care apartment complex (RCAC)	17
Adult Family Homes (AFH).....	17
Community Based Residential Facilities (CBRF)	18
Nursing Homes.....	20
LONG TERM CARE OMBUDSMAN.....	21

ALZHEIMER'S & DEMENTIA ALLIANCE OF WISCONSIN

The Alzheimer's & Dementia Alliance of Wisconsin (ADAW) provides support and education in south central and southwestern Wisconsin for individuals living with Alzheimer's or other dementias, their families and professional service providers. ADAW helps guide those coping with day-to-day challenges or making plans for the future and also advocates on the state level about matters that affect dementia-related research and legislation. As an independent, nonprofit organization, 100% of the donations we receive remain in Wisconsin and are tax-deductible. Contact us for help and support. We are your partner along the journey.

Main Office

517 North Segoe Rd., Suite 301
Madison, WI 53705
608-232-3400
608-232-3407 fax
888-308-6251 toll-free

Grant/Richland Regional Office

8820 Hwy 35/61 S
Lancaster, WI 53813
608-723-4288
608-723-6122 fax
888-308-6251 toll-free

Columbia/Sauk Regional Office

2825 Hunters Trail
Portage, WI 53901
608-742-9055
608-745-3940 fax
888-308-6251 toll-free

support@alzwisc.org
www.alzwisc.org

Our services include:

- Helpline: 608-232-3400 or 888-308-6251
- Care consultations & family meetings
- Caregiver support groups
- Early stage programs
- Family & professional training workshops
- Print newsletter & email updates
- Resource library
- Public policy advocacy
- Educational materials & resource information

MEMORY DIAGNOSTIC CLINICS

Memory diagnostic clinics offer a comprehensive, team approach to assessment, diagnosis and treatment. The staff at the memory diagnostic clinics is trained to identify the reason you or your loved one are experiencing memory loss or confusion. If you have Medicare, 80% of the cost of the evaluation will be reimbursed and most supplemental insurance policies will pay for the additional 20%. The results of the evaluation will be shared with your primary physician for continued follow-up. For more information, contact:

Dane County

William S. Middleton Veterans Hospital
Geriatric Research Education Clinic Center
2500 Overlook Terrace, Madison, WI 53705
608-256-1901 ext. 17000 www.madison.va.gov

UW-Health Clinics Geriatric Assessment Clinic (East)
5249 E. Terrace Dr., Madison, WI 53718
608-265-1210 or 800-323-8942 www.uwhealth.org/neurology

UW-Health Hospital & Clinics Memory Assessment Clinic (for people 65 years of age and older)
2880 University Ave., Room 100, Madison, WI 53705
608-263-7740 www.uwhealth.org

UW Health Neurology Memory Clinic (for anyone at any age; must have referral from primary dr.)
Neurology Clinic, UW Hospital
600 Highland Ave., Madison WI 53705
608-263-5442

Dodge County

Memory Care Clinic- Beaver Dam Community Hospital
707 S. University Ave., Beaver Dam WI 53916
920-887-4321 www.bdch.com

Grant County

Southwest Behavioral Services- Part of the Southwest Health Rural Health Clinic
1450 Eastside Rd., Platteville, WI 53818
608-348-3656 www.southwesthealth.org/find

Green County

Monroe Clinic Memory Center
515 22nd Ave., Monroe, WI 53566
608-324-2148 or 800-338-0568

Jefferson County

Fort HealthCare Memory Center
611 Sherman Ave. E, Fort Atkinson, WI 53538
920-568-5334

Richland County

Richland Area Geriatric Assessment Clinic
1313 W. Seminary St., Richland Center, WI 53581
608-647-6161 ext. 4210

Rock County

Stateline Area Memory Clinic- Beloit Clinic
1905 Huebbe Parkway, Beloit, WI 53511
608-364-1288

Sauk County

Reedsburg Area Geriatric Assessment Clinic - Reedsburg Area Senior Life Center
2350 N. Dewey Ave., Reedsburg, WI 53959
608-647-6161 ext. 4210

UW-Health Clinics Geriatric Assessment Clinic - Sauk Prairie Hospital
250 26th St., Suite 120, Prairie Du Sac, WI 53578
608-643-6060

GERIATRIC MENTAL HEALTH SERVICES

Geriatric mental health services can be beneficial in addressing the psychiatric and emotional needs of the person with dementia and can also help with challenging behavioral symptoms. Some signs that indicate mental health services may be needed include frequent or extreme mood swings, depression, suicidal tendencies, major changes in sleep, or uncontrollable agitation or aggression. Another indicator is if the person is already on behavioral medications or multiple medications that may be causing undue side effects or contributing to difficult behaviors.

Inpatient Geriatric Mental Health Services:

Mendota Mental Health Institute
301 Troy Dr., Madison, WI 53704
608-301-1000 www.dhs.wisconsin.gov/mendota

Southwest Behavioral Services- Part of the Southwest Health Rural Health Clinic
1450 Eastside Rd., Platteville, WI 53818
608-348-3656 www.southwesthealth.org/find

Stoughton Hospital- Geriatric Psychiatry
900 Ridge St., Stoughton, WI 53589
608-873-2242 www.stoughtonhospital.com

Outpatient Geriatric Mental Health Services:

Mobile Outreach to Seniors Team (MOST)- c/o Journey Mental Health
625 W. Washington Ave., Madison, WI 53703
608-280-2560 Crisis: 608-280-2600 www.journeymhc.org

Southwest Behavioral Services- Part of the Southwest Health Rural Health Clinic
1450 Eastside Rd., Platteville, WI 53818
608-348-3656 www.southwesthealth.org/find

INFORMATION, REFERRAL & ASSISTANCE

There are agencies in every county who are available to help with general information and referral assistance to help you locate resources in your area. For more information contact:

Alzheimer's & Dementia Alliance of Wisconsin (See page 3 for more information.)

608-232-3400 or 888-308-6251 www.alzwisc.org

Aging & Disability Resource Center (ADRC) of Southwest Wisconsin - Green County
N3152 State Rd. 81, Monroe, WI 53566
608-328-9499 or 877-794-2372 www.adrcgreencounty.org

Behring Senior Center
1113 10th St., Monroe, WI 53566
608-325-3173

VA Caregiver Support, Margaret Flood, VA Hospital Madison
888-478-8321 ext. 11485

If you are a family member or friend providing care for a Veteran who is living with the effects of war, disabled, chronically ill or aging, we are there to support you with resources, tools, answers and a listening ear

OUTREACH & CASE MANAGEMENT SERVICES

Case managers can help you by assessing what resources you and your family might need and helping you access these services and plan for the future. In some counties, there are case managers who work through county agencies, senior centers, or coalitions.

Aging & Disability Resource Center (ADRC) of Southwest Wisconsin - Green County
N3152 State Rd. 81, Monroe, WI 53566
608-328-9499 or 877-794-2372 www.adrcgreencounty.org

SUPPORT GROUPS

At support groups, family caregivers come together to learn new information, share experiences and ideas and support one another.

Caregiver Support Group
Meets 2nd Thursday of each month
6:00 – 7:30 p.m.
Monroe Public Library, 925 16th Ave, Monroe
Contact: ADAW, 608-843-3402 or 888-308-6251

MEMORY CAFES

Memory Cafés are social gathering places where individuals with memory challenges, mild cognitive impairment, early-stage Alzheimer’s disease or other types of early-stage dementia can come together to visit, enjoy refreshments and participate in a program or activity together in a relaxed environment. Programs and activities are chosen based on participant suggestions and are designed to be interactive and fun. Sessions usually occur monthly. There is no charge, but donations are appreciated. Family members and friends are encouraged to participate as well.

For a complete listing of local Memory Cafes, contact the Alzheimer's & Dementia Alliance of Wisconsin at 888-308-6251 or visit www.alzwisc.org.

LEGAL SERVICES

Legal and financial planning should begin soon after the diagnosis has been made. Planning involves putting together documents that authorize another person to make necessary health care and financial decisions and reviewing your financial resources. If planning is done early, the person with the disease can actively participate in making the necessary arrangements. It is often a good idea to consult with an attorney who specializes in elder law. A benefit specialist can also guide you in this process. To obtain free copies of the basic power of attorney forms, contact:

Department of Health & Family Services, Division of Public Health

P.O. Box 309, Madison WI 53701 www.dhs.wisconsin.gov/forms/advdirectives/adformspoa.htm

Elder Law Attorney

An attorney who specializes in elder law can be helpful to families in many ways. They can help you develop a legal and financial plan, write Powers of Attorney for Health Care and Finances, and help with guardianship proceedings. For information on where to find an attorney who specializes in elder law, contact:

Wisconsin State Bar Association

608-257-4666 or 800-362-9082 www.wisbar.org

Alzheimer's & Dementia Alliance of Wisconsin

608-232-3400 or 888-308-6251 www.alzwisc.org

National Academy of Elder Law Attorneys

520-881-4005 www.naela.org

Guardianship

A guardianship is a special relationship between two people, one of whom, called the guardian, acts on behalf of the ward. This relationship may be ordered by a circuit court when it finds that a person is no longer competent to manage his or her affairs. A relative, public official or any other person may petition the court to have a guardianship established. For questions related to advance planning alternatives, guardianship, or protective services/placement please call:

Wisconsin Guardianship Support Center Hotline

855-409-9410 or guardian@gwaar.org www.gwaar.org

FINANCIAL ASSISTANCE

Benefit Specialist Program

Elderly Benefit Specialists provide information, assistance and advocacy to residents age 60 and older, and Disability Benefit Specialists provide information, assistance and advocacy to adults with

disabilities, ages 18-59. Services range from providing information about eligibility criteria and help in applying for a wide range of benefits, to appealing application denials, terminations or reductions in benefits. Benefit Specialists receive in-depth, ongoing training in areas of benefit and entitlement programs and other issues, including Medicare, Medical Assistance, Social Security, Supplemental Security Income, food stamps, housing, Family Care and more. An attorney provides supervision and support to Benefit Specialists and works closely with them to ensure high-quality advocacy and representation. For more information contact:

Aging & Disability Resource Center (ADRC) of Southwest Wisconsin - Green County
N3152 State Rd. 81, Monroe, WI 53566
608-328-9499 or 877-794-2372 www.adrcgreencounty.org

Alzheimer's Family Caregiver Support Program (AFCSP)

The Alzheimer's Family Caregiver Support Program is authorized by Wisconsin Department of Health Services (DHS) and designed to support families caring for a person with Alzheimer's disease or other dementia in their home. The program offers funds to purchase services such as in-home respite, home delivered meals, adult day care, personal care good, safety improvements and transportation. Some eligibility requirements apply. For more information contact:

Aging & Disability Resource Center (ADRC) of Southwest Wisconsin - Green County
N3152 State Rd. 81, Monroe, WI 53566
608-328-9499 or 877-794-2372 www.adrcgreencounty.org

Family Care Program

Family Care is the name for the redesigned long term care system currently being operated in a limited number of Wisconsin Counties. The system has two major organizational components: 1) Aging & Disability Resource Centers where older people and people with disabilities can get information and advice about the programs and services available in their communities; and 2) Care Management Organizations (CMO's), which manage and deliver the Family Care benefit. In Family Care, each member has support from an interdisciplinary team that consists of, at minimum, a social worker and an R.N. The interdisciplinary team conducts a comprehensive assessment of services and supports designed to achieve desired goals and outcomes; makes arrangements for the member to receive the services; and then monitors the services and supports on an ongoing basis. Applicants for Family Care must meet functional and financial eligibility criteria. To apply for Family Care, IRIS or for additional information, contact:

Aging & Disability Resource Center (ADRC) of Southwest Wisconsin - Green County
N3152 State Rd. 81, Monroe, WI 53566
608-328-9499 or 877-794-2372 www.adrcgreencounty.org

National Family Caregiver Support Program (NFCSP)

The National Family Caregiver Support Program was developed by the Administration on Aging through the Older Americans Act to respond to the needs of family caregivers. The program offers five basic services including information to caregivers about available services; assistance to caregivers in

gaining access to these supportive services; individual counseling, organizing of support programs and training to assist the caregiver; respite care to enable caregivers to get temporary relief from caregiving responsibilities; and limited supplemental services to compliment the care provided by caregivers. For more information contact:

Aging & Disability Resource Center (ADRC) of Southwest Wisconsin - Green County
N3152 State Rd. 81, Monroe, WI 53566
608-328-9499 or 877-794-2372 www.adrcgreencounty.org

Medical Assistance (Medicaid)

The Medical Assistance (MA) program is a cooperative federal and state program that provides medical care to individuals with low incomes and little assets. MA covers care in some institutional/long-term care settings such as nursing homes and covers some care in the community as well. To apply for Medical Assistance or for more information, contact:

Southwest Consortium
888-794-5780

SeniorCare Prescription Drug Assistance Program

SeniorCare is Wisconsin's Prescription Drug Assistance Program for Wisconsin residents who are 65 years of age or older and who meet eligibility requirements. Some eligibility requirements apply. For more information contact:

SeniorCare Customer Service Hotline
800-657-2038 www.dhs.wisconsin.gov/seniorcare

EMERGENCY RESPONSE SERVICES

MedicAlert® + Safe Return®

MedicAlert® + Safe Return® is a 24-hour nationwide emergency response service for individuals with Alzheimer's disease or a related dementia who are at risk of becoming lost. If someone enrolled in the program is reported missing, essential information is faxed to local law enforcement agencies to initiate a search. If a concerned citizen finds the missing person, the person's ID jewelry (bracelet or necklace) provides a toll-free number to call for help. MedicAlert® + Return® then notifies the missing person's contacts and makes sure the person is safely returned home. Funds are available if needed to assist with the initial enrollment fee. To obtain more information or an application, call 1-888-572-8566.

TRANSPORTATION

Transportation services differ among communities. Some areas offer bus or van services, have volunteer drivers or use 'shared ride' taxi services to provide transportation to older adults who do not drive. For more information, contact:

Aging & Disability Resource Center (ADRC) of Southwest Wisconsin - Green County

N3152 State Rd. 81, Monroe, WI 53566
608-328-9499 or 877-794-2372 www.adrcgreencounty.org

Access Medical Transit
800-658-9054

Alift Services
365 N. Perry Pkwy, Oregon, WI 53575
800-567-5438

Freeman Transports (non-emergency medical transportation)
800-595-2558

Monroe Cab Company
608-325-6993

Behring Senior Center Cab Cards
608-325-3173

NUTRITION SITES AND HOME-DELIVERED MEALS

Congregate nutrition sites and home-delivered meals are available in many communities on a donation basis. This is a great way to get help with one of your daily responsibilities and receive a hot, nutritious meal. Questions to ask may include the cost of the meals, how often they are offered, if transportation is available to congregate nutrition sites, and if special diets can be accommodated. For information on a nutrition site close to you or on home-delivered meals, contact:

Green County Elderly Nutrition Program – various locations
Contact: *Aging & Disability Resource Center (ADRC) of Southwest Wisconsin - Green County*
N3152 State Rd. 81, Monroe, WI 53566
608-328-9499 or 877-794-2372 www.adrcgreencounty.org

HOME CARE SERVICES

Home care agencies provide a variety of services to help people in their homes. Some home care agencies specialize in particular services while others provide a wide range of services. Most agencies charge a fee; volunteer organizations accept donations.

Some county aging units also keep lists of private individuals who provide home-care services in their county. It is up to the family to screen any private individual they hire, and to ensure that state and federal tax law is being adhered to. Anyone who hires a private individual as a home care worker on a regular or frequent basis may become an employer under the law and be responsible for paying unemployment insurance and social security/Medicare taxes to the government on the worker's behalf.

Using home care services can help to extend the period of time a loved one can be successfully cared for at home by supplying needed supplemental help and preserving the health and energy of the family caregiver.

Types of Home Care Services:

- Chore services typically include light housekeeping, laundry, meal preparation and shopping.
- Companion care (*respite*) typically includes oversight/companionship for the person with memory loss so that his or her primary caregivers can take time off from caregiving to keep appointments, attend events, catch up on chores, sleep or simply enjoy a break. Companion care can be provided in a variety of settings, but is usually provided in the residence of the person receiving care. Companion care can often be combined with chore service and/or personal care assistance. Companions might also take people on outings, enabling them to attend events, volunteer and visit favorite people and places.
- Personal care services typically include assistance with dressing, bathing, grooming, meals and toileting, as needed.
- Home health care is provided by nurses, certified nursing assistants or professional therapists and includes medication management, skilled nursing services, bathing and occupational, physical and speech therapies. Depending on the situation, the caregiver might be able to take a break from caregiving while home health care is being provided.
- A live-in caregiver provides 24 hour/day assistance in the home. Services include personal care, home chores, companionship and oversight of the person in need of care. Some people hire someone they know to live in the home. Others look for live-in caregivers through the local university or by placing an advertisement. Some companion care and home health agencies can provide 24 hour/day shift care.
- Hospice care services are available to individuals at the end of life. Services usually can be provided in the home or in a facility. Some agencies have free-standing hospice in-patient facilities. Hospice provides nursing care, respite and grief support for families.

HOME CARE SERVICE AGENCIES

	Chore Services	Companion Care	Personal Care	Home Health	Live In Care	Hospice
Agrace HospiceCare 5395 Cheryl Parkway Madison, WI 53711 608-276-4660 www.agrace.org						X

	Chore Services	Companion Care	Personal Care	Home Health	Live In Care	Hospice
Agrace Center for Hospice & Palliative Care 2901 N. Wright Rd. Janesville, WI 53546 608-755-1871 www.agrace.org						X
At-Home Healthcare 1904 Huebbe Parkway Beloit, WI 53511 608-363-5885 www.beloithealthsystem.org				X		
Beloit Regional Hospice, Inc 655 Third St., Suite 200 Beloit, WI 53511 608-363-7421 www.beloitregionalthospice.com						X
BrightStar Care 20 S. Main St., Suite 13 Janesville, WI 53545 608-314-8501 www.BrightStarCare.com	X	X	X		X	
Caregivers Associates (CGA) 24hr Live-in 2364 Jackson St., # 165 Stoughton, WI 53589 920-395-3902 www.cgafoxvalley.com	X	X	X		X	
Caring Companions LLC 1308 Independence Way Sun Prairie, WI 53590 608-333-5095	X	X	X		X	
Caring Hearts 2823 8th Ave., Monroe, WI 53566 608-329-2273	X	X	X		X	
CNA On The Go, LLC 5201 Old Middleton Rd., Suite 2 Madison, WI 53705 608-609-8491	X	X	X	X	X	
Comfort Keepers 5396 King James Way, Suite 210 Madison, WI 53719 608-442-1898 www.madison-231.comfortkeepers.com	X	X	X		X	
Freedom Care LLC- 24hr Live-in 611 Lakeshore Dr. Beaver Dam, WI 53916 920-885-5936	X	X	X		X	

	Chore Services	Companion Care	Personal Care	Home Health	Live In Care	Hospice
Good People – Live-in Caregivers & Comp 2409 White Oak Trail Oregon, WI 53575 800-608-8003 www.goodpeople.us	X	X	X		X	
Heartland Hospice 2810 Crossroads Dr., Suite 1900 Madison, WI 3718 608-819-0033 www.heartlandhospice.com/Madison						X
Home Health United (Belleville & Brooklyn only) Visiting Nurse Service 800-924-2273 www.homehealthunited.org				X		
Home Health United /Hospice– Platteville 1450 Eastside Rd. Platteville, WI 53818 800-924-2273; Hospice 877-356-4514 www.homehealthunited.org				X		X
Home Health United, Inc. – Madison West 4639 Hammersley Rd. Madison, WI 53711 800-924-2273 www.HomeHealthUnited.org				X		
Hometown Helpers, Inc. 1116 ½ 17 th Ave. Monroe, WI 53566 608-329-4574	X	X	X		X	
Independent Living, Inc. 2970 Chapel Valley Rd., Suite 203 Fitchburg, WI 53711 608-274-7900 www.IndependentLivingInc.org	X	X	X	X	X	
Interim HealthCare (Monroe & Southward) 702 N. Blackhawk, Suite 215 Madison, WI 53705 608-238-0268 or 800-427-4433 www.interimhealthcare.com	X	X	X	X	X	
Just Checking In, LLC 5985 Oak Hollow Dr. McFarland, WI 53558 608-838-9101	X	X	X		X	

	Chore Services	Companion Care	Personal Care	Home Health	Live In Care	Hospice
Lori Knapp Companies- Crawford Reg. Office 1100 S. Marquette Rd. Prairie du Chien, WI 53821 608-326-5536 www.loriknappcompanies.com	X	X	X		X	
Lori Knapp Companies – Richland Office 1140 Sextonville Rd., Suite 5 Richland Center, WI 53581 608-647-5247 www.loriknappcompanies.com	X	X	X		X	
Maxim Healthcare Services 5752 Tokay Blvd., Suite 500 Madison, WI 53719 608-232-1000 or 866-873-2345 www.maximhealthcare.com	X	X	X	X	X	
Mercy Clinic Home Care (Brodhead Only) 901 Mineral Point Ave. Janesville, WI 53548 608-754-2201 www.mercyhomehealthcare.org				X		
Mercy Assisted Care & Hospice 901 Mineral Point Ave. Janesville, WI 53548 608-754-2201 www.mercyassistedcare.org	X	X	X			X
Monroe Clinic Home Care & Hospice 515 22 nd Ave., Monroe, WI 53566 608-324-1230 www.monroeclinic.org				X		X
Preferred Living 822 15th Ave., Monroe, WI 53566 608-328-2800	X	X	X		X	
Recover Health 4433 Woodgate Dr. Janesville, WI 53546 608-531-8880 www.recoverhealth.org	X	X	X	X		
SouthernCare Hospice 402 Gammon Place, Suite 110 Madison, WI 53719 608-833-3295 866-419-2773 www.southerncareinc.com						X
St. Clare Hospice House 915 12th St., Baraboo, WI 53913 877-356-4514 www.homehealthunited.org/hospice						X

	Chore Services	Companion Care	Personal Care	Home Health	Live In Care	Hospice
St. Croix Hospice 115 W. Main St. Platteville, WI 53818 608-348-2778 www.stcroixhospice.com						X
Stoughton Hospital Home Health 900 Ridge St., Stoughton, WI 53589 608-873-2366 www.stoughtonhospital.com				X		
Trusted Hands Homecare 900 Ridge St., Stoughton, WI 23589 608-873-2366	X	X	X			
Visiting Angels 6425 Odana Rd., Suite 5 Madison, WI 53719 608-819-0665 www.visitingangels.com	X	X	X		X	

ADULT DAY SERVICES

Adult day programs provide structured support for the older person and are another way for a caregiver to obtain respite from caregiving responsibilities. Some programs are dementia specific. Participants engage in a variety of pastimes, including exercise, music, social activities, and meals. Costs vary. Individuals who meet eligibility requirements may qualify for financial support or sliding fee scales. For more information, contact:

Hand-in-Hand Adult Day Center
2227 4th St., Monroe, WI 53566
608-328-9630 or 608-328-9499

Belleville Senior Center Time Out
130 S. Vine St., P.O. Box 267, Belleville, WI 53508
608- 424-6007

SENIOR LIVING ADVISORS

A Place for Mom
608-477-4656 www.aplaceformom.com

A Place for Mom provides options, information and educational resources to help make informed decisions regarding independent living, home care, residential care homes, assisted living, specialized memory care and skilled nursing. These services are paid by participating communities and providers, therefore this service is offered at no cost to families.

Always Best Care (ABC)

608-315-2378 www.alwaysbestcaremadison.com

Always Best Care provides free individualized assistance with placement to the right assisted living or independent community by determining which community best fits family needs based on their budget and care level. Free ongoing consultative services to ensure families are happy with their choice and individuals are treated with dignity and respect.

FACILITY RESPITE

Respite at residential care facilities may be arranged during the day, for an overnight visit, or multiple day stays. This type of respite is helpful for caregivers who need a longer break to take a vacation or attend to other responsibilities. Please contact individual facilities more details on available respite services at residential facilities. See listings in **Residential Care** section below.

RESIDENTIAL CARE

There are a variety of facilities including residential care apartment complexes, adult family homes, community based residential facilities and skilled nursing facilities available to meet the different levels of care that may be needed by a person with dementia.

Choosing a New Home

When the time comes for a person with Alzheimer's disease or other dementias to move into a residential care setting (e.g., nursing home, community based residential facility, assisted living, etc.), it can be very difficult for both the person and family. In addition, finding the right residential care setting to meet the needs of the person with dementia can be challenging and time consuming. Listed below are a few tips as you begin the search for a new home. The Alzheimer's & Dementia Alliance of Wisconsin is always available to answer questions and help in problem-solving.

1. Visit different places. If possible, it is usually best to visit any place that you are considering. The amount of care required and the atmosphere desired will determine the type of residential care setting you should visit. Visiting unannounced at different times of day can give you an idea of what an average day may be like.
2. Ask questions. It is important to ask specific questions about the facility's ability to provide dementia care. For example:
 - What is your philosophy regarding Alzheimer/dementia care?
 - What is your process for developing a care/service plan?
 - What approaches are used when providing care to persons with dementia?
 - What types of activities are offered?
 - What are your staff qualifications and staffing levels?
 - How is your staff trained in dementia specific care?
 - How does your environment support persons with dementia?
3. Call the Alzheimer's & Dementia Alliance of Wisconsin (608-232-3400 or 888-308-6251) for a handout or email copy of "**RESIDENTIAL CARE: A GUIDE TO CHOOSING A NEW HOME**".

4. Talk with others. Often times, there may be people you know – family, friends, neighbors, co-workers – who can recommend a place that worked well for them. If possible, talk with family members and/or residents of facilities that you are considering. REMEMBER: Every individual situation is unique. What works well for one person, may not work for another. Use input from others as only one of several deciding factors.

Residential care apartment complex (RCAC)

A residential care apartment complex is an apartment that includes a kitchen, living area, bedroom, private bathroom and an array of services including meals, housekeeping, laundry, arranging medical appointments and transportation. RCACs may provide up to 28 hours per week of personal care and/or nursing services. These facilities are most appropriate for a person with dementia who is in the very early stages, who can make their own decisions regarding care options, and who can live independently with minimal assistance, or for the person with dementia and his or her spouse together. These facilities are registered by the Wisconsin Department of Health & Family Services.

Aster Assisted Living of Monroe

616 8th Ave., Monroe, WI 53566

608-328-2339 www.asterassistedliving.com.

Glarner Lodge

900 Glarner Dr., New Glarus, WI 53574

608-527-4491 www.nghome.org

St. Clare Friedensheim

2003 4th St., Monroe, WI 53566

608-329-3601 www.nghome.org

Adult Family Homes (AFH)

Adult Family Homes also combine housing and care. Adult Family Homes provide assistance and/or supervision with activities of daily living to 4 or fewer individuals. No more than 7 hours per week of nursing care can be given in an AFH. These facilities are licensed by the Department of Health & Family Services.

Country Care

W5860 Advance Rd., Monroe, WI 53566

608-325-4686

Alzheimer's disease and other dementias accepted? Yes; Early to mid

Sources of funding? Personal pay only

Number of beds: 4

Staff/Resident Ratio: Day: 2:4 Night: 1:4

Security: Locks? No Door Alarms (general)? Yes Door Alarms (person-specific)? Yes

Does the facility offer respite services? Yes

Southwest Family Care Alliance

28526 US Hwy 14, Lone Rock, WI 53556

608-647-4729 www.continuous.org

Community Based Residential Facilities (CBRF)

A Community Based Residential Facility is a place where 5 or more individuals live and receive care. These facilities offer private or semi-private bedrooms with shared living and dining areas. Services include 3 meals per day, snacks, activities, assistance and/or supervision with activities of daily living. No more than 3 hours per week of nursing care can be provided in a CBRF setting. CBRFs are generally smaller than skilled nursing facilities. CBRFs are also licensed by the Department of Health & Family Services.

Azura Memory Care

2800 6th Ave., Monroe, WI 53566

608-295-2764 www.azuramemory.com

Alzheimer's disease and other dementias accepted? Yes

Dementia Specific Facility? Yes

Family Care funding accepted? Yes

Number of beds: 19

Staff/Resident Ratio: Day: 1:4 Night: 1:8

Security: Locks? No Door Alarms (general)? Yes

Door Alarms (person-specific)? No

Does the facility offer respite services? Yes

Azura Memory Care

2810 6th Ave., Monroe, WI 53566

608-295-2764 www.azuramemory.com

Alzheimer's disease and other dementias accepted? Yes

Dementia Specific Facility? Yes

Family Care funding accepted? Yes

Number of beds: 8

Staff/Resident Ratio: Day: 1:4 Night: 1:8

Security: Locks? No Door Alarms (general)? Yes

Door Alarms (person-specific)? No

Does the facility offer respite services? Yes

Caring Hands, Inc.

605 E. 4th Ave., Brodhead, WI 53520

608-897-2451

Alzheimer's disease and other dementias accepted? Yes

Dementia Specific Facility? No

Family Care funding accepted? Yes

Number of beds: 10

Staff/Resident Ratio: Day: 1:3 Night: 1:3

Security: Locks? No Door Alarms (general)? Yes

Door Alarms (person-specific)? No

Does the facility offer respite services? Yes

Collinwood Elderly Care

703 Green St., Brodhead, WI 53520

608-897-8624 www.collinwoodelderlycare.com

Alzheimer's disease and other dementias accepted? Yes

Dementia Specific Facility? No

Family Care funding accepted? Yes
Number of beds: 15
Staff/Resident Ratio: Day: 1:7 Night: 1:16
Security: Locks? No Door Alarms (general)? Yes Door Alarms (person-specific)? No
Does the facility offer respite services? Yes

Community Living Home Options, LLC

215 3rd St., Monroe, WI 53566

608-329-4991

Alzheimer's disease and other dementias accepted? Yes

Dementia Specific Facility? No

Family Care funding accepted? Yes

Number of beds: 12

Staff/Resident Ratio: Day: 2:10: Night: 1:10

Security: Locks? Yes Door Alarms (general)? Yes

Door Alarms (person-specific)? No

Does the facility offer respite services? Yes

Graceland Manor II

320 W. 17th St., Monroe, WI 53566

608-329-7090

Alzheimer's disease and other dementias accepted? Yes; Early stages

Dementia Specific Facility? No

Family Care funding accepted? Yes

Number of beds: 14

Staff/Resident Ratio: Day: 1:7 Night: 1:14

Security: Locks? No Door Alarms (general)? Yes

Door Alarms (person-specific)? No

Does the facility offer respite services? Yes

Heartsong, LLC

415 East Ave., Belleville, WI 53508

608-424-6787

Alzheimer's disease and other dementias accepted? Yes

Dementia Specific Facility? No

Family Care funding accepted? Yes

Number of beds: 15

Staff/Resident Ratio: Day: 1:3 Night: 1:3

Security: Locks? Yes Door Alarms (general)? Yes

Door Alarms (person-specific)? No

Does the facility offer respite services? Yes

Valley Park

750 Carolan Dr., Albany, WI 53502

608-862-3447 www.valleyparkllc.com

Alzheimer's disease and other dementias accepted? Yes

Dementia specific facility? No

Family Care funding accepted? Yes

Number of beds: 15

Staff resident ratio: Day:___ Night:___

Security: Locks? ___ Door Alarms (general)? ___ Door alarms person specific? ___

Does the facility offer respite services? Yes

Nursing Homes

Nursing homes offer skilled nursing care and other services including: 3 meals per day, snacks, activities, assistance with activities of daily living, and dietician and social work services. Nursing homes are larger than either Community Based Residential Facilities or Adult Family Homes. They are most appropriate for frail individuals who have medical or nursing care needs. Some nursing homes have special care units designed to address the needs of people with dementia. Individuals who meet federal income requirements and need skilled nursing care may qualify for financial assistance.

Monroe Manor Nursing/Rehab Center

516 26th Ave., Monroe, WI 53566

608-325-9141 www.monroemanorskillednursing.com

Alzheimer's disease and other dementias accepted? Yes

Dementia Specific Unit? No

Number of total beds: 97 Number of beds in Dementia Unit: 24

Staff/Resident Ratio: Day: 1:5 Night: 1:18

Medicare or Medicaid accepted? Yes

Security: Locks? Yes Door Alarms (general)? Yes Door Alarms (person-specific)? Yes

Does the facility offer respite services? Yes

New Glarus Nursing Home

600 2nd Ave., New Glarus, WI 53574

608-527-2126 www.nghome.org

Alzheimer's disease and other dementias accepted? Yes

Dementia Specific Unit? Yes

Number of total beds: 97 Number of beds in Dementia Unit: 24

Staff/Resident Ratio: Day: 1:7 Night: 1:10

Medicare or Medicaid accepted? Yes

Security: Locks? No Door Alarms (general)? Yes Door Alarms (person-specific)? Yes

Does the facility offer respite services? Yes

Pleasant View Nursing Home

N3150 Hwy 81, Monroe, WI 53566

608-325-2171 www.pleasantviewnursinghome.org

Alzheimer's disease and other dementias accepted? Yes

Dementia Specific Unit? No

Number of total beds: 130 Number of beds in Dementia Unit: 14

Staff/Resident Ratio: Day: 1:5 (3:14 in Dementia Unit) Night: 2:15

Medicare or Medicaid accepted? Yes

Security: Locks? No Door Alarms (general)? Yes Door Alarms (person-specific)? Yes
Does the facility offer respite services? Yes

LONG TERM CARE OMBUDSMAN

An ombudsman protects and promotes the rights of long term care consumers and Community Options Program participants by working with them and their families to achieve quality care. The program is provided at no charge. Ombudsmen can investigate complaints and help families resolve problems with long term care service providers. For more information, contact:

Wisconsin Board on Aging & Long Term Care
1402 Pankratz St., Suite 111, Madison, WI 53704
800-815-0015 <http://longtermcare.wi.gov/>