

If you have early memory loss symptoms...

What can I do?

You can be part



of the solution

Get involved in research!

- Getting involved in research is an excellent way to help researchers discover the cause of early memory loss and perhaps even a cure
- The goal of the Wisconsin Alzheimer's Disease Research Center (ADRC) is to recognize and treat individuals with memory problems before they start showing symptoms of Alzheimer's disease
- The Wisconsin ADRC **Clinical Core** is enrolling people with early memory loss to meet this goal

Difference between:

Normal forgetfulness	&	Memory loss*
• Sometimes misplaces keys or other items		• Frequently misplaces items
• Momentarily forgets a friend's name		• Frequently forgets names and is slow recalling them
• Occasionally has to search for a word		• Has increased difficulty finding words
• May forget details of events from the distant past		• May forget recent events or newly learned information
• When driving, may momentarily forget where to turn, but quickly orients self		• Becomes temporarily lost more often; may have trouble following maps

Modified from ADEAR (Spring, 2009). Connections: News from Alzheimer's Disease Education and Referral (ADEAR) Center

*Memory loss is concerning when it represents a change from previous abilities



Wisconsin Alzheimer's Disease Research Center

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Inspiring hope for the future



WISCONSIN COMPREHENSIVE MEMORY PROGRAM
Wisconsin Alzheimer's Disease Research Center



Wisconsin ADRC Clinical Core



What is the Clinical Core?

The **Clinical Core** is a group of volunteers in the Wisconsin Alzheimer's Disease Research Center (ADRC) who have a diagnosis of Alzheimer's disease, early memory loss (also called Mild Cognitive Impairment), or who are cognitively healthy and over the age of 65.

What does being a participant involve?

- Yearly visits that usually last between 4 to 5 hours
- A study partner who can come with you to annual visits and answer questions about your memory and daily life
- A willingness to be approached for other research projects

What happens at study visits?

- Paper and pencil tests and questionnaires that evaluate memory and thinking abilities
- Fasting blood draw
- Physical and neurological exams

We would also like to talk to you about some optional, Wisconsin ADRC-sponsored assessments, which include:

- Brain imaging scan (MRI) and/or
- Spinal fluid collection

These optional procedures support the Wisconsin ADRC's mission of identifying early markers for Alzheimer's disease.

What opportunities are there for those who join the Clinical Core?

- Comprehensive memory assessments, **free of cost** - results can be shared with a primary care physician if desired
- Opportunity to take part in studies testing drugs to see if they are effective in treating Alzheimer's Disease
- Access to a large knowledge base on Alzheimer's disease and updates on the center's findings through newsletters and educational events

Contact us today!

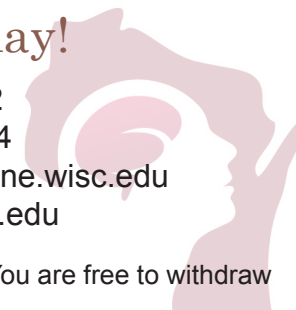
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*Participation is voluntary. You are free to withdraw from the study at any time.



Clinical Core Interest Form

I'm interested in participating in the Clinical Core, please contact me!

- I have a diagnosis of early memory loss
- I need an assessment to see if I have early memory loss

Name

Street address

City

State

Zip

Day time phone number

E-mail address

Complete and mail this form to:

Alzheimer's Disease Research Center
UW Hospital and Clinics
J5/1 Mezzanine
Attention: Kari Paterson
600 Highland Avenue
Madison, WI 53792

