

Caregiver Support Groups

Columbia, Dane, Grant, Green, Iowa, Lafayette, Richland, Rock and Sauk Counties

Support groups give you an opportunity to be together with others in a caring and understanding environment. Ask questions and get straight answers from people who have been there, learn creative and caring problem solving techniques and caregiving ideas, and discover that you are not alone in the way you feel. For more information, contact:

Alzheimer's & Dementia Alliance of Wisconsin
3330 University Ave., Suite 300, Madison WI 53705
608.232.3400 | 888.308.6251 | support@alzwissc.org | www.alzwissc.org
Please call to confirm date and time.

DEMENTIA-SPECIFIC CAREGIVER SUPPORT GROUPS

COUNTY/CITY	DATE/TIME	LOCATION	CONTACT
Columbia * Columbus	2nd Thursday 10:00-11:30 a.m.	Columbus Community Hospital 1515 Park Ave.	Janet Wiegel 608-742-9055 or 888-308-6251
Dane * Fitchburg	2nd Thursday 10:00-11:30 a.m.	Fitchburg Senior Center 5510 E. Lacy Rd.	Alzheimer's & Dementia Alliance 608-232-3400
* Madison-West Adult Children	1st Wednesday 6:00-7:30 p.m.	Alzheimer's & Dementia Alliance 3330 University Ave., Suite 300	Alzheimer's & Dementia Alliance 608-232-3400
* Madison-West	1st Thursday 10:00-11:30 a.m.	Covenant Presbyterian Church 326 S. Segoe Rd.	Alzheimer's & Dementia Alliance 608-232-3400
* Madison-West Men's Group	2nd Thursday 9:15-11:00 a.m.	Alzheimer's & Dementia Alliance 3330 University Ave., Suite 300	Alzheimer's & Dementia Alliance 608-232-3400
* Madison-West Young Onset	2nd Saturday 10:00-Noon	Alzheimer's & Dementia Alliance 3330 University Ave., Suite 300 Focus: caring for a person under age 65 with dementia	Alzheimer's & Dementia Alliance 608-232-3400
* Sun Prairie	3rd Tuesday 6:30-8:00 p.m.	Colonial Club 301 Blankenheim Ln.	Alzheimer's & Dementia Alliance 608-232-3400
* Waunakee	3rd Wednesday 3:30-5:00 p.m.	Waunakee Senior Center 333 S. Madison St.	Cindy Mosiman 608-849-8385
Grant * Platteville	3rd Wednesday 1:00-2:30 p.m.	Park Place Community Room 1075 N. Elm St.	Heather Moore 608-723-4288 or 888-308-6251
Sauk * Reedsburg	3rd Wednesday Noon-1:30 p.m.	Reedsburg Area Senior Life Center 2350 N. Dewey Ave. -Bag lunch optional	Janet Wiegel 608-742-9055 or 888-308-6251
* Sauk City	4th Tuesday 3:00-4:30 p.m.	Maplewood of Sauk Prairie 245 Sycamore St. Call regarding respite options	Theresa Grimes 608-643-3383

GENERAL CAREGIVER SUPPORT GROUPS

Columbia * Portage	1st Monday 1:00-2:30 p.m.	Portage Public Library 253 W. Edgewater St.	Janet Wiegel 608-742-9055 or 888-308-6251
Dane DeForest	3rd Thursday 3:00-4:00 p.m.	DeForest Senior Center 505 N. Main St.	Natalie Raemisch or Roxane Carley 608-846-9469
Madison- Latino Group	4th Wednesday 5:30-8:30 p.m.	Madison Senior Center 330 W. Mifflin St. Meetings in Spanish	Yolanda Salazar 608-243-5252
Oregon	3rd Monday 9:00-10:00 a.m.	Oregon Senior Center 219 Park St.	Dana Lindsay or Alison Koelsch 608-835-5801

GENERAL CAREGIVER SUPPORT GROUPS *continued*

COUNTY/CITY	DATE /TIME	LOCATION	CONTACT
Dane Verona	3rd Tuesday 10:30-11:45 a.m.	Verona Senior Center 108 Paoli St.	Becky Losby 608-845-7471
Grant Fennimore	2nd Wednesday 1:00-2:30 p.m.	Memorial Building– Council Chambers 860 Lincoln Ave.	Ruth Rotramel 608-723-6113
Green Monroe	2nd Thursday 6:00-7:30 p.m.	Monroe Public Library 925 16th Ave., 1st floor Conference Rm	Aging & Disability Resource Center 608-328-9499
Iowa Dodgeville	3rd Tuesday 10:30-Noon	Dodgeville Public Library 139 S. Iowa St.	Aging & Disability Resource Center 608-930-9835
Lafayette Darlington	4th Tuesday 10:00-11:30 a.m.	Johnson Library Community Room 131 E. Catherine St.	Aging & Disability Resource Center 608-776-4960
Marquette Montello	3rd Wednesday Noon-2:00 p.m. Lunch provided	St. John's Catholic Church 277 E. Montello St.	Alex Truell 608-297-3102
Richland * Richland Center	4th Thursday 1:30-2:30 p.m.	Richland Center Community Center 1050 N. Orange St. Call regarding respite options	Becky DeBuhr 608-732-3131 or 888- 308-6251
Rock Beloit	2nd & 4th Tuesday 1:00-2:30 p.m.	Sun Valley Presbyterian Church 1650 Sun Valley Dr. Call regarding respite options	Cori Marsh 608-741-3615 or Julie Seeman 608-758-8455
Janesville	1st Tuesday 6:00-7:15 p.m.	Council on Aging Meeting Room 3328 Hwy 51 North	Cori Marsh 608-741-3615
Janesville	2nd Thursday 6:00-7:00 p.m.	Hedberg Public Library 316 S. Main St.	Julie Seeman 608-758-8455 or Mandy Kluge 608-931-3454
Sauk Sauk City	3rd Tuesday 5:00 - 6:00 p.m.	Sauk Prairie Community Center 720 Monroe St. Light Dinner Provided	Marina Wittmann 608-355-3289

OTHER DISEASE-SPECIFIC CAREGIVER SUPPORT GROUPS

Columbia Portage Parkinson's	3rd Thursday 2:00-4:00 p.m.	Bethlehem Lutheran Church Hwy 33 E	Elayne Hanson 608-742-2410
Dane Madison Stroke Support	1st Wednesday 6:00-8:00 p.m.	Meriter Hospital 202 S Park St. Meets Sept. through May	Stroke Support Hotline 608-417-6487 (Staff)
Madison ALS Group	2nd Wednesday 6:30-8:30 p.m.	UW Hospital & Clinic 600 Highland Ave.	Info Desk 608-222-3289
Verona Parkinson's	3rd Friday 10:15-11:00 a.m.	Verona Senior Center 108 Paoli St.	Becky Losby 608-845-7471
Sauk Baraboo Parkinson's	3rd Monday 2:00-4:00 p.m.	First Congregational Church 131 6th Ave.	Sylvia Kriegel 608-356-7096